

# Curriculum Map



## Foundation Stage

### Multi-ability Cog Focus & Learning Journeys

◆ Exceeding ■ Expected ▲ Working towards

### Unit 1



- I can follow instructions, practise safely and work on simple tasks by myself ◆
- I enjoy working on simple tasks with help ■

### Unit 2



- I can work sensibly with others, taking turns and sharing ◆
- I can play with others and take turns and share with help ■

### Unit 3



- I can understand and follow simple rules and can name some things I am good at ◆
- I can follow simple instructions ■

### Unit 4



- I can explore and describe different movements ◆
- I can observe and copy others ■

### Unit 5



- I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together ◆
- I can move confidently in different ways ■

### Unit 6



- I am aware of why exercise is important for good health ◆
- I am aware of the changes to the way I feel when I exercise ■

### Weeks

### Fundamental Movement Skill Focus

### Theme

1-3

Coordination:  
Footwork  
(FUNS Station 10)



The Birthday Bike Surprise

4-6

Static Balance:  
One Leg  
(FUNS Station 1)



Pirate Pranks!

7-9

Dynamic Balance to Agility:  
Jumping and Landing  
(FUNS Station 6)



Journey to the Blue Planet

10-12

Static Balance:  
Seated  
(FUNS Station 2)



Monkey Business!

13-15

Dynamic Balance:  
On a Line  
(FUNS Station 5)



Tilly the Train's Big Day

16-18

Static Balance:  
Stance  
(FUNS Station 4)



Thembi Walks the Tightrope

19-21

Coordination:  
Ball Skills  
(FUNS Station 9)



Clowning Around!

22-24

Counter Balance:  
With a Partner  
(FUNS Station 7)



Wendy's Water-ski Challenge

25-27

Coordination:  
Sending and Receiving  
(FUNS Station 8)



John and Jasmine Learn to Juggle

28-30

Agility:  
Reaction/Response  
(FUNS Station 12)



Ringo to the Rescue

31-33

Agility:  
Ball Chasing  
(FUNS Station 11)



Sammy Squirrel and his Rolling Nuts

34-36



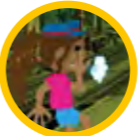



Static Balance:  
Floor Work  
(FUNS Station 3)









Caspar the Very Clever Cat

Lesson	Warm-up	Skill	Application	Review
<b>1</b> (Baseline assessment)	I'm Riding on my Bike 	Coordination: Footwork (FUNS 10) – Exploring Movements	I'm Riding on my Bike song	Time Shares
<b>2</b>	I'm Riding on my Bike 	Coordination: Footwork (FUNS 10) – Birthday Bike Surprise	Off for a Ride game	Time Shares
<b>3</b>	I'm Riding on my Bike 	Coordination: Footwork (FUNS 10) – Birthday Bike Surprise	Off for a Ride game	Time Shares
<b>4</b>	Pirate Adventure 	Static Balance: One Leg (FUNS 1) – Exploring Movements	Oh! You'll Never Get to Sea song	Time Shares
<b>5</b>	Pirate Adventure 	Static Balance: One Leg (FUNS 1) – Pirate Pranks	Oh! You'll Never Get to Sea song	Time Shares
<b>6</b> (Revisit assessment)	Pirate Adventure 	Static Balance: One Leg (FUNS 1) – Pirate Pranks	Popping Pirates game	Time Shares







# Unit 1

Lesson	Warm-up	Skill	Application	Review
<b>1</b> (Baseline assessment)	Puffing Along 	Dynamic Balance: On a Line (FUNS 5) – Exploring Movements	Five Little Puffer Trains song	Questions Carousel
<b>2</b>	Puffing Along 	Dynamic Balance: On a Line (FUNS 5) – Tilly the Train's Big Day	Five Little Puffer Trains song	Questions Carousel
<b>3</b>	Puffing Along 	Dynamic Balance: On a Line (FUNS 5) – Tilly the Train's Big Day	Puffing Along game	Questions Carousel
<b>4</b>	Line Out 	Static Balance: Stance (FUNS 4) – Exploring Movements	Children on a Rope song	Questions Carousel
<b>5</b>	Line Out 	Static Balance: Stance (FUNS 4) – Thembi Walks the Tightrope	Children on a Rope song	Questions Carousel
<b>6</b> (Revisit assessment)	Line Out 	Static Balance: Stance (FUNS 4) – Thembi Walks the Tightrope	Mirror, Mirror on the Wall game	Questions Carousel







# Unit 3

Lesson	Warm-up	Skill	Application	Review
<b>1</b> (Baseline assessment)	Moon Adventure 	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Exploring Movements	I Jumped Aboard a Rocket Ship song	Taps for Congrats
<b>2</b>	Moon Adventure 	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Journey to the Blue Planet	I Jumped Aboard a Rocket Ship song	Taps for Congrats
<b>3</b>	Moon Adventure 	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Journey to the Blue Planet	Home Planet game	Taps for Congrats
<b>4</b>	Fun in the Jungle 	Static Balance: Seated (FUNS 2) – Exploring Movements	Five Cheeky Monkeys song	Taps for Congrats
<b>5</b>	Fun in the Jungle 	Static Balance: Seated (FUNS 2) – Monkey Business!	Five Cheeky Monkeys song	Taps for Congrats
<b>6</b> (Revisit assessment)	Fun in the Jungle 	Static Balance: Seated (FUNS 2) – Monkey Business!	Cheeky Monkey Says game	Taps for Congrats







# Unit 2

Lesson	Warm-up	Skill	Application	Review
<b>1</b> (Baseline assessment)	Clown's Naughty Ball 	Coordination: Ball Skills (FUNS 9) – Exploring Movements	Shoulders, Tummy, Knees and Toes song	Badge of Honour
<b>2</b>	Clown's Naughty Ball 	Coordination: Ball Skills (FUNS 9) – Clowning Around	Shoulders, Tummy, Knees and Toes song	Badge of Honour
<b>3</b>	Clown's Naughty Ball 	Coordination: Ball Skills (FUNS 9) – Clowning Around	Add a Move game	Badge of Honour
<b>4</b>	Off to the Seaside 	Counter Balance: With a Partner (FUNS 7) – Exploring Movements	Hold on Tight song	Badge of Honour
<b>5</b>	Off to the Seaside 	Counter Balance: With a Partner (FUNS 7) – Wendy's Water-ski Challenge	Hold on Tight song	Badge of Honour
<b>6</b> (Revisit assessment)	Off to the Seaside 	Counter Balance: With a Partner (FUNS 7) – Wendy's Water-ski Challenge	The Never-ending Relay Race game	Badge of Honour

# Unit 4

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	Big Top Time 	<b>Coordination:</b> <b>Sending and Receiving</b> <b>(FUNS 8) –</b> Exploring Movements	<b>Big Top Time</b> game	<b>Gift Cards</b>
2	Big Top Time 	<b>Coordination:</b> <b>Sending and Receiving</b> <b>(FUNS 8) –</b> John and Jasmine Learn to Juggle	<b>Big Top Time</b> game	<b>Gift Cards</b>
3	Big Top Time 	<b>Coordination:</b> <b>Sending and Receiving</b> <b>(FUNS 8) –</b> John and Jasmine Learn to Juggle	<b>Dice Dance</b> game (integrating sending and receiving activities)	<b>Gift Cards</b>
4	Magic Bean 	<b>Agility:</b> <b>Reaction/Response</b> <b>(FUNS 12) –</b> Exploring Movements	<b>RINGO</b> song (with clap and sit down/ stand up/turn around)	<b>Gift Cards</b>
5	Magic Bean 	<b>Agility:</b> <b>Reaction/Response</b> <b>(FUNS 12) –</b> Ringo to the Rescue	<b>RINGO</b> song (with clap and sit down/ stand up/turn around)	<b>Gift Cards</b>
6 (Revisit assessment)	Magic Bean 	<b>Agility:</b> <b>Reaction/Response</b> <b>(FUNS 12) –</b> Ringo to the Rescue	<b>Dice Dance</b> game (integrating agility activities)	<b>Gift Cards</b>

# Unit 5

Lesson	Warm-up	Skill	Application	Review
1 (Baseline assessment)	The Hairy, Scary Woods 	<b>Agility:</b> <b>Ball Chasing</b> <b>(FUNS 11) –</b> Exploring Movements	<b>Two Cheeky Squirrels</b> song	<b>Always, Sometimes, Rarely</b>
2	The Hairy, Scary Woods 	<b>Agility:</b> <b>Ball Chasing</b> <b>(FUNS 11) –</b> Sammy Squirrel and his Rolling Nuts	<b>Two Cheeky Squirrels</b> song	<b>Always, Sometimes, Rarely</b>
3	The Hairy, Scary Woods 	<b>Agility:</b> <b>Ball Chasing</b> <b>(FUNS 11) –</b> Sammy Squirrel and his Rolling Nuts	<b>Collecting Nuts for Winter</b> game	<b>Always, Sometimes, Rarely</b>
4	Little Kitties Time to Play 	<b>Static Balance:</b> <b>Floor Work</b> <b>(FUNS 3) –</b> Exploring Movements	<b>Hungry, Hungry Caspar Cat</b> song (children moving on all 4s)	<b>Always, Sometimes, Rarely</b>
5	Little Kitties Time to Play 	<b>Static Balance:</b> <b>Floor Work</b> <b>(FUNS 3) –</b> Casper the Very Clever Cat	<b>Hungry, Hungry Caspar Cat</b> song (children moving on all 4s)	<b>Always, Sometimes, Rarely</b>
6 (Revisit assessment)	Little Kitties Time to Play 	<b>Static Balance:</b> <b>Floor Work</b> <b>(FUNS 3) –</b> Casper the Very Clever Cat	<b>Pass the Hoop</b> game	<b>Always, Sometimes, Rarely</b>

# Unit 6