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he Heffington Post
24th January 2020



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VERY MOMENT MATTERS!

This week's focus was on **PERSEVERNANCE**

Will it
be easy?
Nope.
Will it be
worth it?
Absolutely.

THE TRIM TRAIL IS IN PLACE AND READY TO GO! - Over the last few weeks, we have all been eagerly watching the development of the new Trim Trail that is now ready for use! We are very grateful to FOPS for match funding this project. Without their support and all the fund raising activities that have taken place to raise funds for school, our children would not be able to benefit from these wonderful extras. Thank you FOPS!!! For those of you who would be keen to get involved with this enthusiastic team of parents, there is a **FOPS meeting on Thursday, 30th January in school at 7.30pm**. We are looking to discuss future fund raising events and the focus for our next big project. Come along with any ideas you may wish to share! Everyone's welcome!



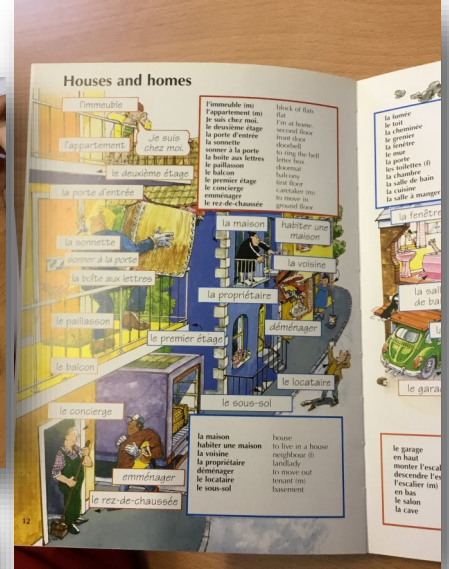
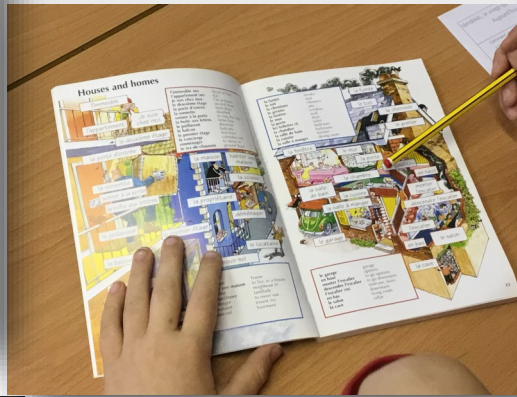
TALENTED SPEAKERS WOW THEIR AUDIENCE! - This week three pupils from Swifts competed in the Truro Area Rotary Youth Speaks Competition . This is the first time Perran-ar-Worthal have taken part in the Rotary Competition and the standard was extremely high with 5 schools competing. It was an absolute pleasure to be in the audience to see our pupils rise to the challenge of what can be a very nerve wracking experience. With the support of Mr Teasdale (senior), who has given so generously of his time to work with the children , our three Youth Speaks Team members were awarded 2nd place. As a result of being placed so highly, they have earned themselves the chance to compete in the Area Junior Competition, which will take place in Penwith College, Penzance. All three pupils should feel very proud of their amazing achievement and indeed, they certainly were ready for the cream tea during the interval—well deserved too! We wish them all the very best of luck for the next stage of the competition.



POORLY BUS IS NOW FEELING MUCH HAPPIER! - When we returned to school after the Christmas break, we came back to a very tired minibus with a very flat battery. Having only discovered this when getting ready to take our pupils to Penryn for a sporting event, we quickly realised that there were several other events that we needed the minibus for. An emergency message was sent around the parents who came to the school's rescue, helping to transport our pupils to swimming and dancing events. A huge thank you to those parents who were able to help at such short notice. We simply could not have managed without you! We are pleased to announce that our minibus has had a new battery and is ready for action!



FABULOUS FRENCH ON FRIDAYS! - Today, our Year 6 pupils were busy working their way through a French vocabulary book to extend their knowledge of the language. Mr Trudgeon, our resident linguist, was very impressed with the level of enthusiasm with which the pupils took part in the lesson.



FABULOUS FRIDAY COOKING—Today, the Year 1 pupils have been creating healthy eating muffins. The recipes for their master pieces will shortly be available on the school website. So if you want to have a go at making Carrot, Apple and Chia Seed Muffins or Cheesy Courgette Muffins, then look no further—just ask a Year 1 pupil and I am sure they will be willing to share their cooking secrets with you!



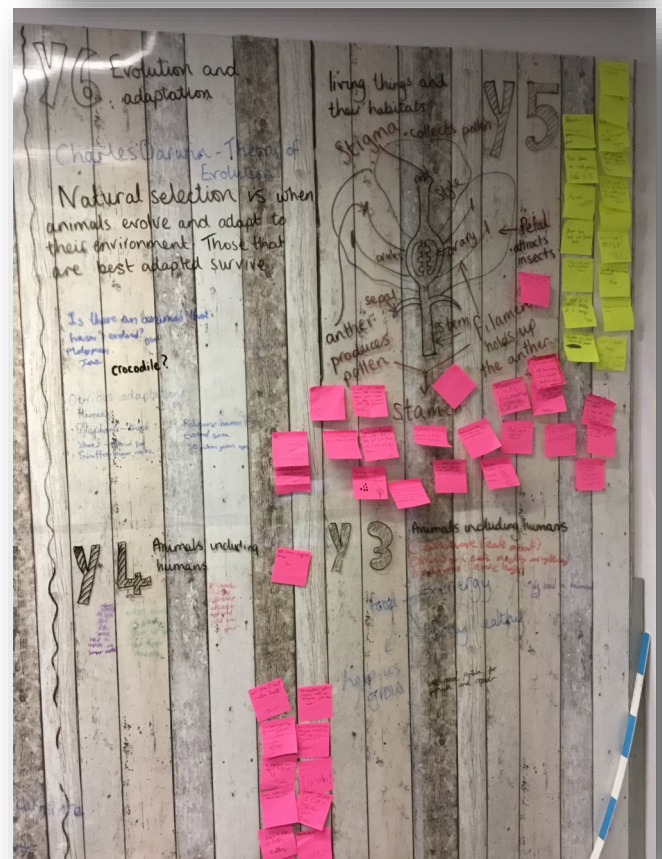
FABULOUS FRIDAY FOREST FUN! - What a surprise the Year 1 pupils had today when, during a good session of digging over the planters in the grow zone, they discovered the most amazing parsnips that had been planted quite some time ago. These will be used to aid a cooking session next week to create yet another scrummy item of home made food. Yum!



FABULOUS FRIDAY SAMBA and BRASS! - As part of their music curriculum, the Year 5 pupils have been learning samba drumming. Much excitement was coming from the Swifts classroom this morning as the Year 5 worked their way through a series of samba rhythms on a range of samba instruments. Whilst Year 5 had experience the joy of percussion, Year 4 have also been busy today learning to play the pocket trumpets. Super sitting and listening was very much part of the lesson as well as playing and the Year 4 were praised for their enthusiasm and great listening skills.



WORKING WALLS ARE EVERYWHERE! - You may have noticed that, in your child's classroom, there are many walls that display Maths and English information that helps your child with their learning. We call these 'working walls' as they are updated regularly to reflect what the children are learning at the time. Here is an example of the science working wall, which can be seen in the Starlings' Classroom, where Mrs Royle teaches her science lessons to all the KS2 classes. These working walls give the children an opportunity to share their own knowledge of the topic they are learning and we have been particularly impressed with the level of knowledge that the children are sharing using their science working wall. Please do pop in and have a look at our working walls around the school and ask your child to tell you about their learning.





PEAS IN A POD! - Mr Teasdale has a mini-me it seems! You could be forgiven for not being able to tell these two apart. If we ever need to find cover for Mr Teasdale, we know where to look!



TEAM POINT WINNERS

Certificates Awarded 21st January 2020

BRONZE CERTIFICATE – 50 TEAM POINTS

**Bea Beverley, Jack Barker, Alex Teff, Oliver Cunliffe, Anna Matthews,
Fearne Court, Amelia Heffer, Lilly-Grace Johns**

SILVER CERTIFICATE – 100 TEAM POINTS

Eliza Nicholls, Sol Guimaraes, Connie Preedy

