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22nd January 2024



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VERY MOMENT MATTERS!

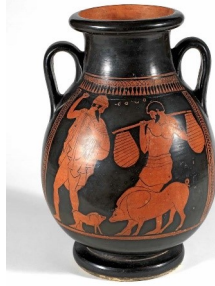
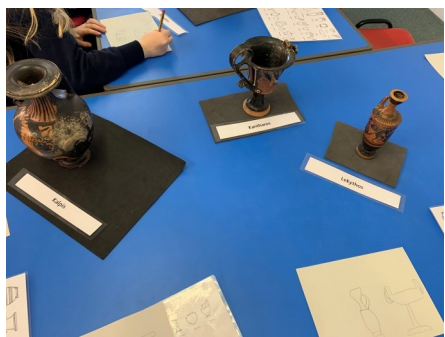
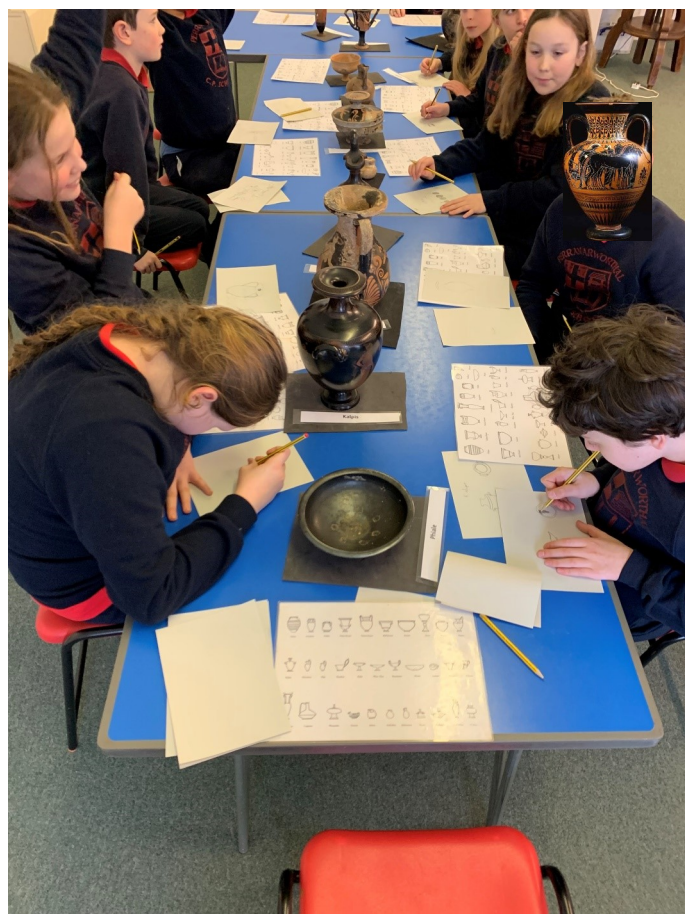
EVERY Moment MATTERS.

ANOTHER BUSY WEEK OF EXCITING LEARNING AT PERRAN-AR-WORTHAL SCHOOL!

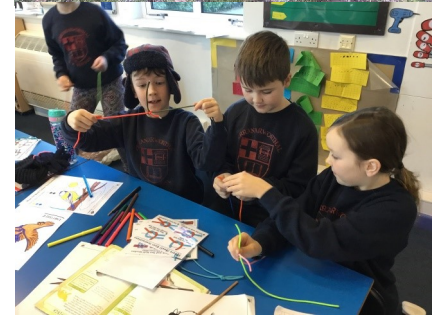
Our Wagtails were lucky enough to have a visit last week from Mrs Willmore and Mrs Ackner, who are both dental hygienists. The children learnt about how to take care of their teeth by having healthy food and drink and how to brush their teeth correctly. Finally, they put on a mask and gloves and had a go at brushing some giant teeth. Thank you so much to our visitors for sharing their knowledge with us and inspiring our young pupils, some of whom may well become dental hygienists in the future!



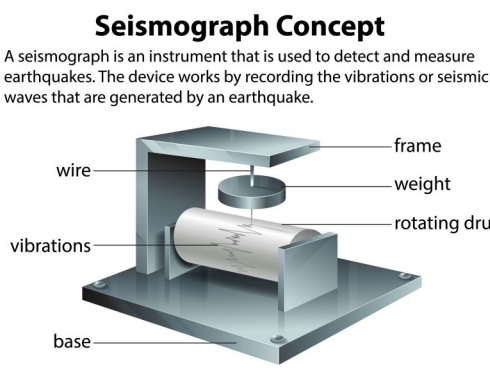
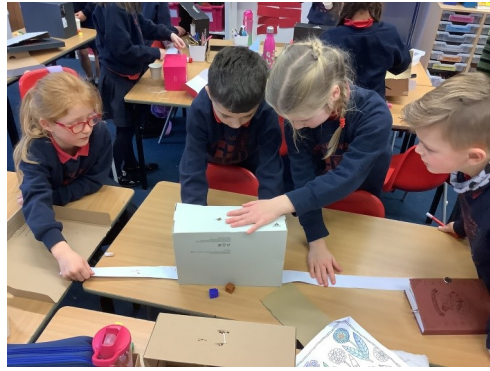
HISTORY IN THE MAKING...LITERALLY! Last week, our History Lead, Mr Teasdale, took the Kingfishers to Truro Museum for an memorable and creative learning experience. As part of their history unit on Ancient Greece, the children used clay to make tiles in the shape of Greek pots, handling 'real' artefacts and recording their learning in a variety of ways to enhance their understanding of this unit of history. Fantastic learning and exemplary behaviour—what a great way to learn with your peers!



WARM HATS, GLOVES, COATS AND SCARVES NEEDED! On Friday, our Kingfishers enjoyed a rather cold but most enjoyable Forest School session collecting frozen water from the pond, lighting fires, building shelters, knot making and keeping the Grow Zone well tended...oh, and of course, there's always time to climb a few trees—a favourite part for many during their Forest School session. Coming well armed for very cold weather ensured every child was able to enjoy every element of their Fabulous Forest School Friday.



AND WHAT HAS BEEN GOING ON IN STARLINGS? Last week, as part of their Geography unit on Extreme Earth, our Yr3 pupils were immersed in their learning in more ways than one! From hiding under tables to understand what it might be like to shelter from a real earth quake to making their own seismographs used to measure the severity of a quake.



QUIET AND SERENE LEARNING IN SKYLARKS... Whilst the Starlings were experiencing earth quakes in the classroom next door, our Skylarks were taking things a little more quietly using view finders to classify various cloud formations as part of their Physical Geography unit. So if you want to know more about Stratus, Cumulus, Nimbus and more, then you may want to chat to our Yr4 pupils.



**MOMENTS
MATTER,**

**ATTENDANCE
COUNTS.**

A NATIONAL CAMPAIGN TO IMPROVE ATTENDANCE FOR ALL

You may be aware that the Government's expectation for schools is to ensure pupils' attendance is at a level that does not affect their learning. As such, schools have been requested to publicise this campaign, launched this January, to help drive improvement across all settings with a particular focus on those pupils who are classed as **Persistently Absent (below 90% attendance)** and **Severely Absent (below 50%)**.

Please note that the campaign messages aim to primarily reach those parents and carers whose children are taking preventable odd days of absence – or “avoidable absence” - rather than children who face greater barriers to attendance, such as those with long term medical needs or special educational needs and disabilities.

Educational Welfare Officers (EWOs) are working more regularly with schools to help support those pupils who have been identified as having an attendance of **less than 90%**. The statistics included below and the publicity posters on the next page of this newsletter have been provided by the Government to share with parents. Please note that **if your child's attendance falls below 90% it is likely that the EWO will be in contact with you** to discuss the reasons why and to provide support to improve your child's attendance.

As a school we start to **closely monitor** a pupil's attendance once it **drops below 95%**. We also closely monitor those pupils who are **regularly late arriving** at school. We understand that illness is often the main factor affecting a child's attendance, however, if term time holidays are also being taken, then the combination of illness and term time holidays can seriously affect your child's attendance at school and can have a negative impact on their progress. Schools are also expected to look for any **patterns in absence** i.e. similar days absent during the week or siblings or friends often being absent at the same time.

We ask that you support your child's learning by **not taking term time holidays and only keeping your child off school if you feel they are really too poorly to access any learning**. If you are concerned about your child's attendance and would like some support, then please do not hesitate to get in touch. This week we will be sending out **your child's attendance certificate** to provide you with their updated attendance percentage. These certificates will show how the **percentage of absence relates to the number of hours of lost learning**.

The link between attendance and attainment is clear:

- In 2018/19, **just 40% of persistently absent (PA) children in KS2 achieved expected KS2 standards**, compared with 84% of pupils who were regular attenders.
- And **36% of PA children in KS4 got 9 to 4 in their English and maths GCSEs**, also compared with 84% of regular attenders.

And it's never too late to benefit from good attendance:

- **More than half (54%) of pupils who were PA in Year 10 and then rarely absent in Year 11, passed at least 5 GCSEs**, compared to 36% of pupils who were persistently absent in both years

But attendance is important for more than just attainment:

- Regular school attendance can facilitate **positive peer relationships**, which is a **protective factor for mental health and wellbeing**.

[LINK: Is my child too ill for school?](#)

[LINK: A guide for parents on school attendance.](#)

**“THIS MORNING,
HE HAD A RUNNY
NOSE... BUT LOOK
AT HIM NOW!”**



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the NHS website to find out more.



**“THIS MORNING, HE
WAS WORRIED ABOUT
SCHOOL... BUT LOOK
AT HIM NOW!”**



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the Education Hub to find out more.





Parenting programmes

Did you know that Cornwall Council are offering a range of Parenting programmes, which include workshops and/or groups that support you with some of the challenges of being a parent? Cornwall Council have identified that Parents often say that they learn a great deal from each other and enjoy the support that a group provides. Cornwall Council are now offer a selection of free workshops, whatever the age or needs of your child.

These workshops cover the following:

- ⇒ Pre-birth/antenatal
- ⇒ Parents/carers of children aged 0 to 3 years
- ⇒ Parents/carers of children aged 4 to 11 years
- ⇒ Parents/carers of children and young people aged 12 to 17 years
- ⇒ Parents/carers of children and young people aged 18 to 25 years
- ⇒ Supporting Healthy Relationships

If you are interested in finding out more, please click on this [LINK](#) to take you to the webpage.

TEAM POINT CERTIFICATE WINNERS 15th January 2024

BRONZE CERTIFICATE – 50 TEAM POINTS

Year 3: Maria

Year 5: Primrose

SILVER CERTIFICATE – 100 TEAM POINTS

Reception: Ina

Year 1: Charlotte, Ruan, Elspeth, Isaac and Agnes

Year 2: Henry and Lauren

Year 3: Sienna, Eva, Charlie and Raffy

Year 4: Felix, Juno and Darcy

Year 6: Ella, Ollie, Myah and Isla

GOLD CERTIFICATE – 150 TEAM POINTS

Year 3: Daphne, Lottie, Tamsyn, Evelyn

Year 4: Adella

Year 6: Lily-Rose



FOPS NEWS

FRIENDS OF PERRAN-AR-WORTHAL SCHOOL

UPCOMING EVENTS

Tuesday 23rd Jan
Bag2School - drop @ shelter

Friday 26th Jan
Starlings Bake Sale

Tuesday 6th Feb
FOPS Meeting for all @ school

Friday 2nd Feb
Fancy Dress Disco @ Village Hall

Starlings Bake Sale



All the money raised at bake sales goes directly into the FOPS fundraising pot



**BAG 2 SCHOOL
DROP IN SHELTER
TUESDAY 23RD!**

Do you have a fundraising idea?
We'd love to hear it?

FOPS@perran-ar-worthal@cornwall.sch.uk



The mission is to raise funds for our school in fun & engaging ways that the whole school community can support & enjoy

WITH QUIETER
COLOURING
TABLES

FANCY DRESS
OPTIONAL!

February Fancy Dress

Disco



BYO WATER BOTTLE
FREE SQUASH &
WATER REFILS

KS1 5.45 - 6.30

KS2 7.00 - 8.00

STARLINGS CAN CHOOSE

20P SNACKS
BRING CHANGE

TICKET £3.50 - QR CODE OR CASH ON DOOR

Friday 2nd February | THE VILLAGE HALL

Back after popular demand, FOPS presents...

The Thirsty Parent Pub



BEER - CIDER - WINE / PROSECCO & SOFT DRINKS

Friday 2nd February
5.45 - 8pm



The Village Hall
South Room

Adults only - no children in the Parent Pub please

SMARTPHONE SAFETY TIPS

for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety®
#WakeUpWednesday



Diary Dates



Tuesday, 23rd January: Bag2School (please drop off bag in the school shelter on this day)

Friday, 26th January: Starlings Bake Sale

Friday, 2nd February: School Disco at the Village Hall (KS1 5.45pm to 6.30pm and KS2 7pm to 8pm)

WB 5th February: Children's Mental Health week

Tuesday, 6th February: FOPS Meeting (all welcome)

WB Monday, 12th February: HALF TERM WEEK

WB 26th February: Progress Review Meetings

Tuesday, 5th March: St Piran's Day

Wednesday, 6th March: Songfest at Truro Cathedral

Thursday, 7th March: World Book Day (Come dressed as your favourite book character)

WB 11th March: Cornwall Music Festival for those taking part

Tuesday, 26th March: Yr3, 4 and 5 Spring Play and KS2 Spring Concert at the Village Hall (more information about arrangements to be confirmed closer to the date).

WB 25th March: Autism Acceptance Week

Thursday, 28th March: Last day of term

Friday 29th March to Sunday, 14th April: EASTER BREAK

Please note that there may be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.