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**he Heffington Post**  
**31st March 2025**




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**VERY MOMENT MATTERS!**

## SQUASHBOX THEATRE PUPPET EXTRAVAGANZA!

We are so excited to be having Squashbox Theatre visiting our school for two whole days this week! Huge thanks to our FOPS for funding this incredible opportunity as one of the alternative experience days to replace the Eden Trip. The children will enjoy an hour long puppet show followed by puppet making/mastery workshops. What a treat!



# Skillywidden



A celebration of the faery myths and countryside of Cornwall using a fantastic mix of puppets, music, storytelling and comedy cabaret!

**Who for:** Puffins, Wagtails and Robins

**When:** Wednesday, 2nd April at 9.30am

**Programme:**


**9.30am to 10.30am:** Performance in hall

**11am to 12noon:** Workshop 1 (Robins)

**1.30pm to 2.30pm:** Workshop 2 (Wagtails & Puffins)

**Can I help:** YES! Please let your child's class teacher know if you are free to help with the puppet making workshops. Thank you!

# SQUASHBOX THEATRE PRESENTS



THE MINOTAUR!  
MEDUSA!  
AND MORE!

A JOURNEY THROUGH THE STORIES AND LEGENDS OF ANCIENT GREECE

# MYTHS AND MONSTERS

**Who for:** Starlings, Skylarks, Kingfishers and Swifts

**When:** Thursday, 3rd April at 9.30am

**Programme:**

**9.30am to 10.30am:** Performance in hall

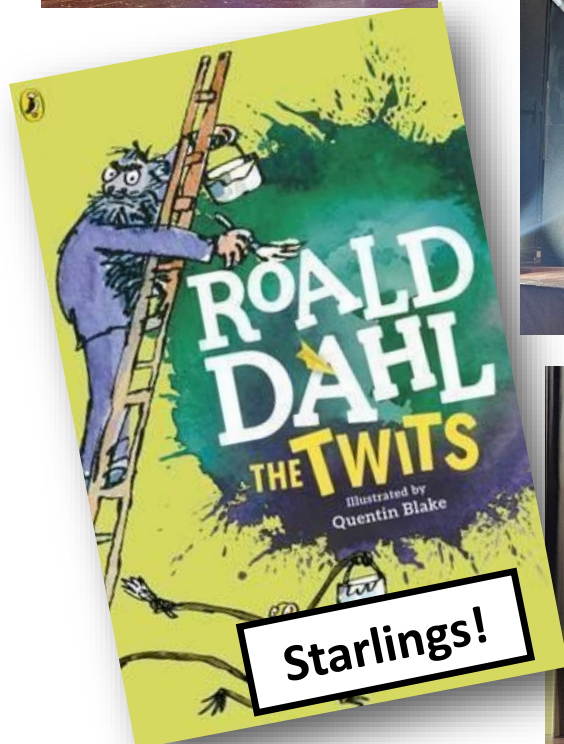
**11am to 12noon:** Workshop 1 (Kingfishers & Starlings)

**1.30pm to 2.30pm:** Workshop 2 (Skylarks & Swifts)

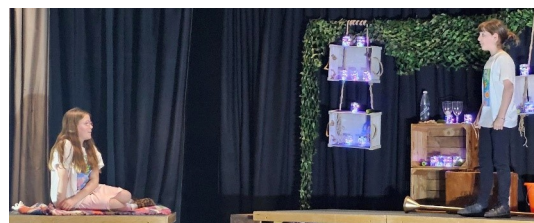
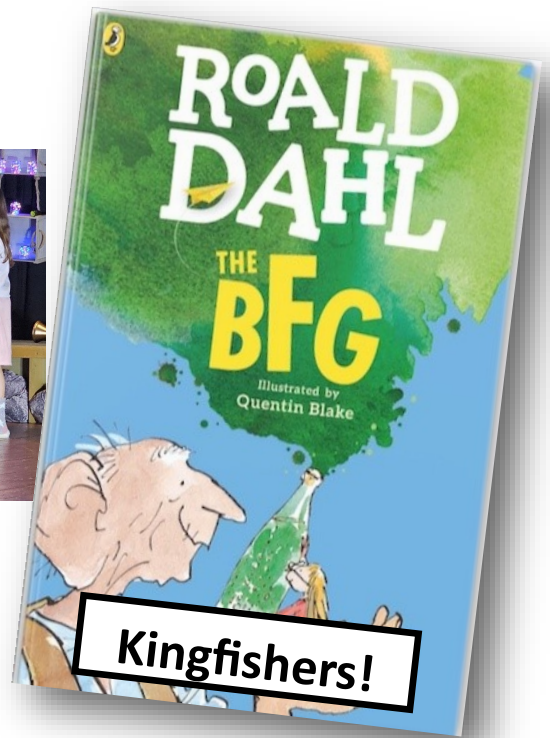
**Can I help:** YES! Please let your child's class teacher know if you are free to help with the puppet making/mastery workshops. Thank you!



**THE ROALD DAHL EXPERIENCE!** What an incredible evening of talent we enjoyed on Friday evening! Huge thanks for Mrs Waddington and Mrs Szepletowska for preparing the children for their show and for the fabulous T-shirts, stage set and props. The show was filled with joy and fun clearly appreciate by the audience. Huge thanks to our FOPS team for running the refreshments and organising another very successful raffle, which raised £555! Well done to all those who took part—a fantastic end to a very busy term!









**AMAZING BRASS ENSEMBLE!** It was a week of high quality performances last week with our Skylarks sharing their new found brass playing skills with a very engaged and impressed audience. Following 10 weeks of whole class brass lessons through the First Access Music Programme with Joe Hamlyn, our Yr4 pupils were able to demonstrate what they had learnt with flair and enthusiasm. We hope to see many of these children continue to develop their brass playing skills with the private lessons that Joe Hamlyn already delivers to several other pupils in our school. Well done to our Skylarks!





## Kixx Cornwall West

We were fortunate to have James and Jay from Kixx Cornwall West come in to run a free PE session with our lovely Puffins on Thursday, 13<sup>th</sup> March. The theme was Desert Island and animals!

The children had so much fun, practising their static and movement skills with toe taps, clap catch, drop kicks and marching knee kicks. The session was finished with blowing bubbles.

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Kixx Cornwall West run fun, themed football sessions for 18months to 10 years old in a few local locations, including Redruth and Truro. Kixx is all about having fun, whilst getting active and playing football/sport.

Sessions are age appropriate, themed and a perfect introduction to sport!

Each child has their own sticker chart where they collect stickers every week, as well as certificates and medals to be won along the way.

If you are interested in finding out more, you can find Kixx Cornwall West on facebook or go to [kixx.org.uk](http://kixx.org.uk) and enter your location.







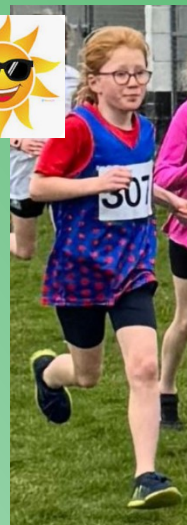
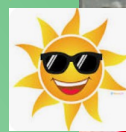


# ***Peninsula Partnership X-C Championships – Finals 2025.***

**You are champions—all of you!**



**Well done!**



The Cross-Country final was held at Newquay sport's centre last Tuesday. Our students literally smashed it! These photos taken by parents say it all. Two children fell over and were injured but stood up and continued racing! It takes enormous strength to do this! All 8 children represented the school so proudly. A huge thank you to all the parents who transported the children to the event and coached them during their races! Two girls came back to school to do girl's football too!



**Well done all of you!**

We look forward to your future races. You are all amazing athletes!



# Hockey Leagues March 2025

The hockey team worked well again this week—but unfortunately had two tough losses.

One goal was scored by Mawnan after 5 sequential power plays. Mabe played well and unfortunately our defence wasn't strong enough with a 3-1 loss.

Girl's football this term has seen 18 girls working hard to improve their passing, turning and game skills. Their enthusiasm and energy are evident in the photos. Thank you girls. And thank you to Bob Richards who again made it possible to train down at the field. Thank you!





## TRAIN LIKE A CHIEF THIS APRIL

**9:30 - 15:00 | £32.50 PER DAY | AGES 6-13**

<b>TUE 8 APR</b> PENRYN RUGBY CLUB *GIRLS ONLY		<b>MON 14 APR</b> KINGSBRIDGE TRAINING PITCHES	
<b>WEB 9 APR</b> BRIXHAM RUGBY CLUB		<b>TUE 15 APR</b> SHERBORNE RUGBY CLUB	
<b>THU 10 APR</b> SANDY PARK		<b>WED 16 APR</b> TOTNES RFC *SEPARATE GIRLS & BOYS CAMPS	
<b>FRI 11 APR</b> WIVELISCOMBE RUGBY CLUB		<b>THU 17 APR</b> EXMOUTH RFC	

**50% OFF - SPONSORED BY SIKKA**

## CAMPS.EXETERCHIEFS.CO.UK

GROUP BOOKING - 5 SPACES FOR THE PRICE OF 4  
\*Only Available For Individual Camps

New Girls Rugby Camp this Easter!

Dear Schools, We would like to let you know about a brand new girls only Easter rugby camp taking place on Tuesday 8th April at Penryn Rugby Club hosted by the Community Chiefs!

For girls aged 6-13 years the camp will be run by our team of professional coaches using the most up to date techniques and offering the best possible experience and insight into the modern-day game.

Please could you send the attached information to your families and the link to

book places is here - [https://bit.ly/](https://bit.ly/PenrynChiefsCamp)

**PenrynChiefsCamp**

Any questions at all please let us know.

Best regards,

The Chiefs Marketing Team





## **TEAM POINT CERTIFICATE WINNERS 27<sup>th</sup> March 2025**

### **BRONZE CERTIFICATE – 50 TEAM POINTS**

**Year 5: Rosann**

### **SILVER CERTIFICATE – 100 TEAM POINTS**

**Reception: Benjamin**

**Year 2: Sam, Rohan, Florence, Jovie and George**

**Year 5: Felix, Theo and Annie**

**Year 6: Sebbie**

### **GOLD CERTIFICATE – 150 TEAM POINTS**

**Year 4: Mhoirbheinn, Genevieve and Pippa**

**Year 5: Dylan**

**Year 6: Ellie**

### **BADGE – 250 TEAM POINTS**

**Year 3: Martha**



# Citizen / Learner of the Week – w/c 24<sup>th</sup> March 2025

## Puffins

**Learner** – Elijah (For making great progress with his writing)

**Citizen** – Lily (For always having a positive attitude to her learning)

## Wagtails

**Learner** – Rafe (For trying really hard in Maths quizzes this week)

**Citizen** – James (For always being respectful to everyone he speaks to and being a fantastic role model to others)

## Robins

**Learner** – Isla (For completing all the number bond challenges and moving on to times tables)

**Citizen** – Florence (For always being respectful of others and being an excellent role model)

## Starlings

**Learner** – Eden (For making super progress with her spellings in the end of term quizzes)

**Citizen** – Emmy (For making an amazing start to her new school – she has settled in so quickly!)

## Skylarks

**Learner** – Hugo and Jason (For shining with your efforts and the beautiful writing you have produced this week in your descriptions of the Iron Man)

**Citizen** – The whole class (For being brilliant with you attitude and enthusiasm during Imagination Firelighters)

## Kingfishers

**Learner** – Darcy and Aubrey (For making great progress and being conscientious in their Maths assessments this week)

**Citizen** – The whole class (For being patient when working in the hall)

## Swifts

**Learner** – Blakely (For amazing work in shape)

**Citizen** – Seth (For a positive attitude)



FACE delivers online support via zoom for parents across the UK  
Talks are 90 minutes long, £24 each - Book Online at [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)



Schools can now buy a  
**FACE School Annual Membership**  
which means **ALL** parents and **ALL** staff  
get unlimited **FREE** access to **ALL** 16 parent talks

Thursday  
24th April  
19:00 - 20:00  
**FREE**



## **Responding to Angry Behaviour**

What can we do in the moment?

Tuesday  
18th March  
10:00 - 11:30  
£24



## **Anxiety Explained**

Anxiety, especially in our young is rising.  
This session explains what it is, why it happens and how you can help.

Tuesday  
3rd April  
10:00 - 11:30  
£24



## **Supporting a Child with ADHD**

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
3rd April  
19:00 - 20:30  
£24



## **Improving Family Communication**

How to reduce the shouting and arguing and start the talking.





# Spring Timetable

all sessions delivered live online via zoom £24 each 90 minutes long  
book online at [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)

Anxiety Explained	18 MAR 7pm
What is ACT?	20 Mar 7pm
Understanding the Teenage Brain	24 MAR 10am
Supporting Healthy Sleep	24 MAR 7pm
Decreasing Depression	25 MAR 10am
Raising Self-Esteem	25 MAR 7pm
AUTISM: Improving Communication	2 APR 10am
Supporting a Child with ADHD	3 APR 10am
Improving Family Communication	3 APR 7pm
Supporting Healthy Screen Use	7 APR 10am
Facing Defiance	7 APR 7pm
Anxiety-Based School Avoidance	8 APR 10AM
Understanding Anger	8 APR 7pm
Anxiety Explained	14 APR 10am
Cannabis & Ketamine Awareness	14 APR 7pm





**Wednesday, 2nd April: World Autism Awareness Day**

**Wednesday, 2nd and Thursday, 3rd April: Squash-box Theatre Puppet show and workshops!**

**Friday, 4th April: Last day of term**

**Monday, 7th April to Monday, 21st April: EASTER BREAK**

**Tuesday, 22nd April: First Day of Summer Term—school open to all pupils.**

*Please note that there will be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.*



## Diary Dates



**Monday, 16th April: National Offer Day for Primary School Places**

**Tuesday, 22nd April: First day of Summer term—School open to all pupils**

**Thursday, 24th April: Non-Uniform Day for Choccy Bingo**

**Friday, 25th April: Choccy Bingo at Village Hall. More information about arrangements to be confirmed closer to the date.**

**Monday, 5th May: BANK HOLIDAY—School Closed**

**Thursday, 8th May: Victory in Europe Day**

**WB: Monday 12th May: KS2 SATS week**

**Tuesday, 20th May: Class photos (TBC)**

**WB 26th May: HALF TERM WEEK**

**Thursday, 5th June: World Environment Day**

**WB 9th June: Final Term Progress Review Meetings**

**Thursday, 12th June: Science Day**

**30th June, 1st and 2nd July: Yr6 camp at Porthpean**

**17th June, 24th June, 1st July 2pm to 2.45pm: Learning Together sessions**

**Thursday, 3rd July: Yr3 Seal Sanctuary and Tea (TBC)**

**Wednesday 9th July to Friday 11th July: Yr5 Camp at CampKernow**

**Thursday, 3rd July: Yr4 Surf and Sleep**

**Tuesday, 15th July: Yr6 Production Matinee and Evening performance**

**Thursday, 17th July: Sports Day**

**Monday, 21st July: Back up Sports Day**

**Tuesday, 22nd July: Yr6 leavers assembly 9.30am to 11am and last day of term**

**Wednesday, 23rd July: INSET day—School Closed**

**Thursday, 24th July to Tuesday, 2nd September: SUMMER BREAK**

*Please note that there will be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.*



We are delighted to welcome Emma Counsell who will be at our school each week on a Tuesday afternoon to work with children on a 1-1 basis, in groups and whole classes. Below is more information about what Emma is trained to deliver.

# Hello!

My name is Emma Counsell (she/her)



I work for the NHS, Mental Health Support Team (MHST) in Schools.

I am an Education Mental Health Practitioner (EMHP) and I work with children who might be feeling sad or worried, to try to help them feel better. I work with children in groups, 1:1 and with the whole class. I sometimes work with parents and carers too.

Here are some things about me:

I enjoy gig rowing and reading.

I love going on muddy walks with my family



I look forward to meeting you soon.