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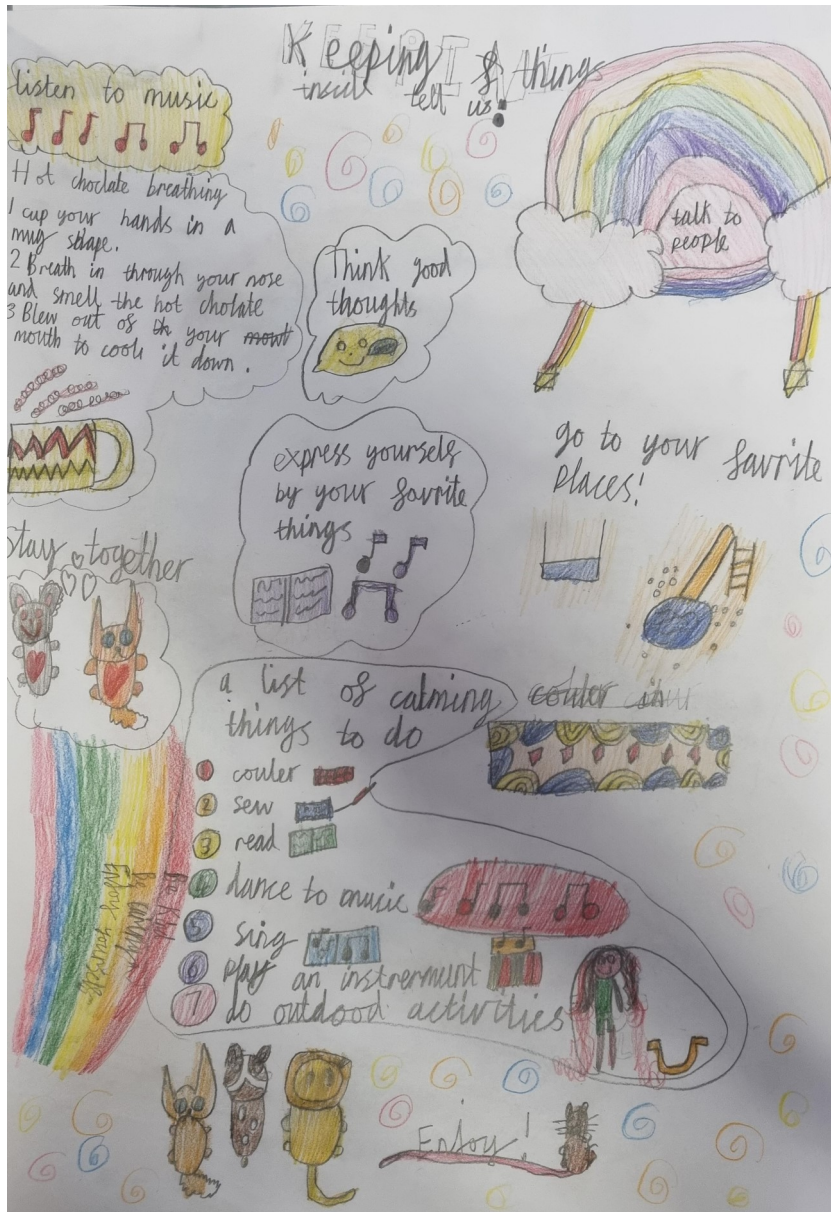
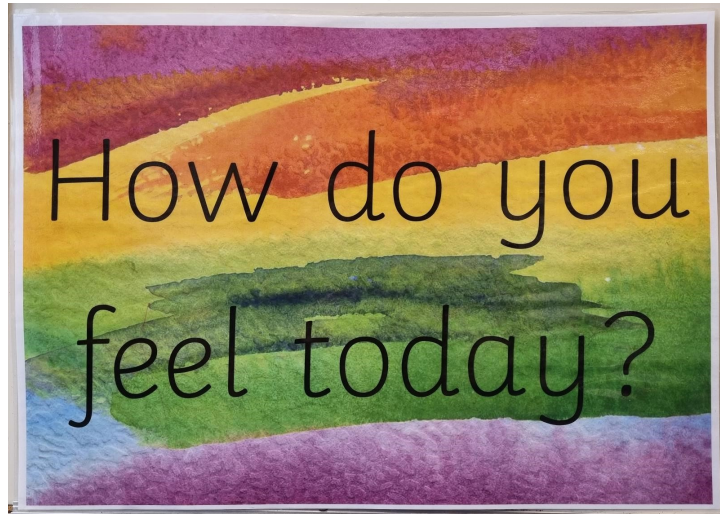
he Heffington Post
26th March 2020



PERRAN-AR-WORTHAL
CP SCHOOL

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VERY MOMENT MATTERS!



WHAT HELPS YOU FEEL BETTER! The assembly topic this week focused on Health Minds. As a school we are always keen to give the children a range of options to help them let us know how they are feeling. We use our coloured stones so that children can show us by choosing the colour card to place their stone that best illustrates how they feel at that moment. Our pupils also have access to an emotionally available adult who they know they can talk to—these can be any of our adults across the school. All our classes use Jigsaw activities to support our PSHE curriculum and, more recently, the teachers have developed well-being music and mindfulness activities which are being accessed by all our pupils during the course of the week. These activities are helping our pupils to cope with so many changes they have been through recently as well as helping those pupils who may have worries that they find hard to talk about. Following on from our Healthy Minds assembly on Monday, the children were asked to have a go at designing a poster providing ideas for what people can do to help them when they are feeling worried, upset, anxious, angry etc. This poster is a wonderful example from one of our Year 2 pupils. We felt we really needed to put this on the front page so that everyone can enjoy it.

THEY'VE ARRIVED! Today, a very excited Year 3 class were greeted by the new arrival of several baby chicks that had hatched during the night. These fluffy little creatures have brought so much joy to the class and, so that no other class would miss out, Mrs Royle set up one of the new webcams so that every class could watch the chicks on their big screens in their own classrooms. What a treat! We will keep you up to date with how the chicks develop over the next few weeks.



AHH! THE SUN HAS ARRIVED AT LAST! Not wanting to miss out on enjoying the little bit of sunshine we have had this week, our Year 2 pupils took to the playground with pencils and paper to write their stories whilst enjoying the sun on their faces. The dinner tables, which have not seen the light of day since March 23rd 2020, were wheeled out in to the playground and were utilised as an excellent outdoor work station for our keen writers in Year 2.



CORRIDORS THAT MAKE US SMILE! As the term progresses, the corridors are being added to each week and walking through our library area has now become quite an adventure with the addition of creatures to the rainforest that our Year 1 class have been busy making in their DT lessons. I wonder what will be hanging from the tree next week?

AND THE GREAT WORK CONTINUES! Our KS1 pupils have been busy learning about China and classrooms and corridors are being transformed into colourful dragon parades.



Where is Kenya? Kenya is in east Africa in the equator.

Who is The Big Five?
The Big Five are not human these animals they are often in safari the animals are lions, leopards, buffaloes, rhinoceros and elephants.

Fun Fact
Kenya created its new flag when it became independent in 1963. It was made out of three colors.

Black shows the majority of Kenya The Flag
Red shows the blood that was shed from slavery
Green shows the land from Kenya
White shows peace



GREAT FUND RAISER! We have been very lucky to have been given a large number of excess sale items from Falmouth Sainsburys Store for us to sell to help us raise more funds for books for our school library. Normally these items would be priced at £10 for the flask, £4 for the notebook and £1 for the pins but we will be selling them for half this price for our fund raising for school. These will be available for sale either from the school office or in the playground on Monday after school for the prices listed below. Please note that to ensure we stick to our COVID safety rules, there will be three separate stalls which will all be selling the same items. Please could we ask that if numbers of people are building up in one area, you move to another stall and continue to maintain the social distance at all times. Thank you.



Flask £5



Pins 50p



Notebook £2

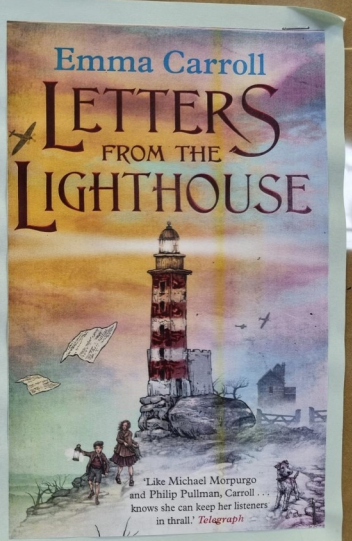
BOOK REVIEWS WITH IMPACT! Our Year 6 are not only in to their reading, they are also keen to recommend the books they love. Here are just a few examples of the excellent book reviews that will inspire others to try new texts. Enjoy!

Letters From The Lighthouse
By Ellen King

Letters From The Lighthouse is an amazing book by Emma Carroll. It was published in 2017. Emma Carroll also published many other books such as: In the darkling woods, The snow sisters and Frost Hollow Hall.

Letters from the light house is an inspirational and adventurous book. This book is about a girl called Olive and her brother who stay with a mysterious lighthouse keeper and her sister went missing.

I liked the part when they stayed at queneys house before they went to the lighthouse.

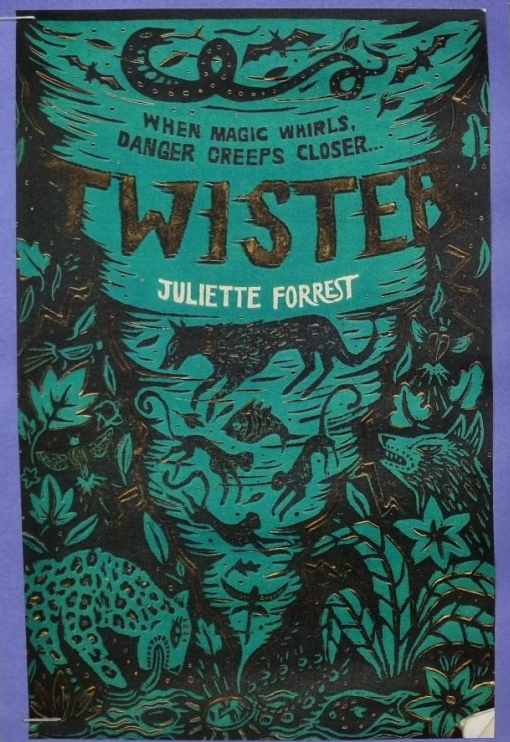
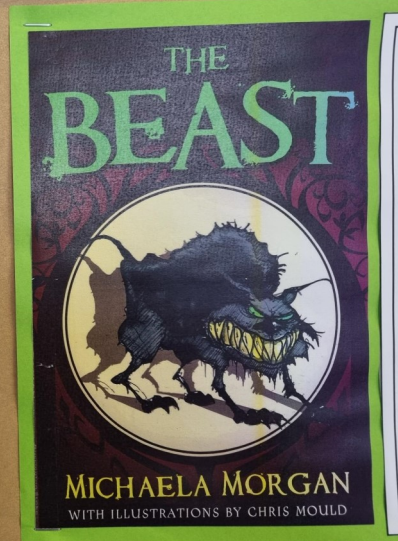


The Wreck Of The Zanzibar
By Dan Matthews

Michael Morpurgo is known for writing some astonishing books, such as War horse and even Why the whales came, and The wreck of the Zanzibar (published by EG MONT) is no exception.

The balance between sadness and joy makes a wonderful tale. A young, shiveless boy receives a unexpected gift, and that's when the journey begins.

This heart-warming book



Twister
by Susanna Spence

Twister is written by Juliette Forrest and was published in 2018 by Scholastic. Juliette lives and runs her own freelance copywriting business in Glasgow.

Twister is about a girl who tries to fit in but can't. Her courage and bravery takes her on an adventure of a lifetime. Which makes this books genre adventure but it still has it's sad bits as you get attached to the different characters. Twister finds herself in life threatening situations but always thinks of the greater good.

This book grew on me but at first it was a bit of a twister. I would give it a 4 and a half stars rating, I think it is best aimed at 10+.

At first I wasn't so keen on the book because of it's dialogue but after I read more I got used to the way they speak.

My star rating:

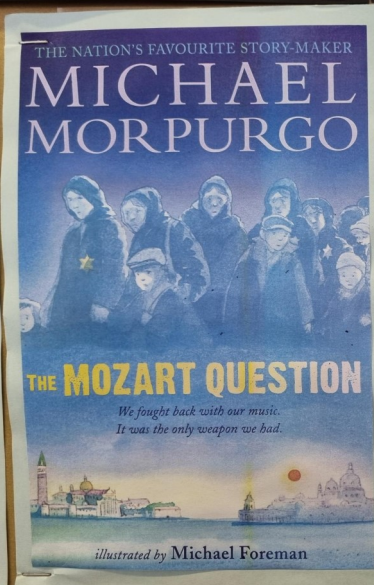
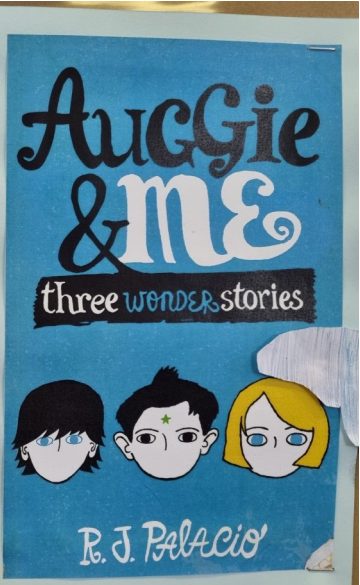
★ ★ ★ ★ ★

Auggie and me By Violet.

Auggie and me is a great book by R.J. Palacio. It is second in the series and and it is a follow-on from Wonder, (Which is also a great book.) You will understand this book more if you have read or watched wonder. It was published by Corgi in 2015.

This book is about three people's different interpretations on an ordinary boy with an extraordinary face called Auggie Pullman. There is Julian, Christopher and Charlotte. They all have very different thoughts on Auggie.

I would definitely recommend this book to anyone over eleven as younger children won't understand. This is a five star review, especially if you love a heart warming tale...



The Mozart Question
Morley

The Mozart Question was published by Walker books. It was by Michael Morpurgo in a series, the next book after this one is I Believe in Unicorns.

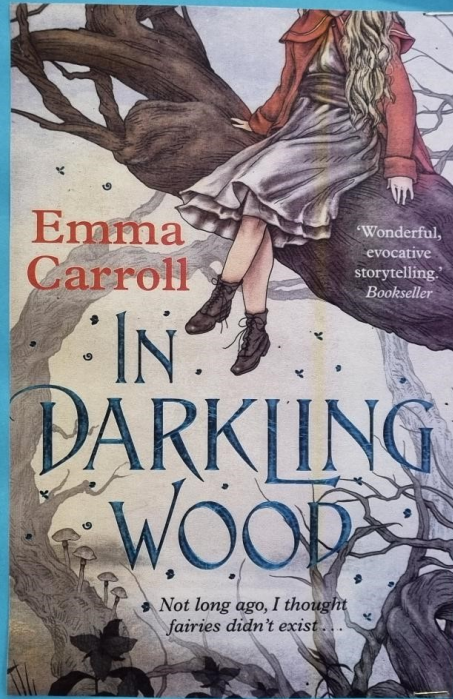
It is a book full of adventure and music. A journalist named Lashley travels to Venice to interview the great Paolo Levi. He talked about a story which he had never talked about.

I give this book 4 stars because it is a book which is based on a real life.

In Darkling Wood:

In Darkling Wood is written by Emma Carroll, illustrations by Julian de Narvaez and published by Faber & Faber. In Darkling Wood is an adventurous and moving tale for children 9+.

This book is about a young girl called Alice whose brother has to have a heart transplant so she has to go and stay with her grandmother. In the woods that her grandmother owns, something magical is happening but her grandmother Nell wants to cut down the trees as she claims that her house is becoming dark. Alice meets a girl in the woods who has a magical belief and doesn't want Nell to cut down the trees. Flo, the girl who Alice met in the woods wants Alice to believe the same magical tale as her. But, will she?

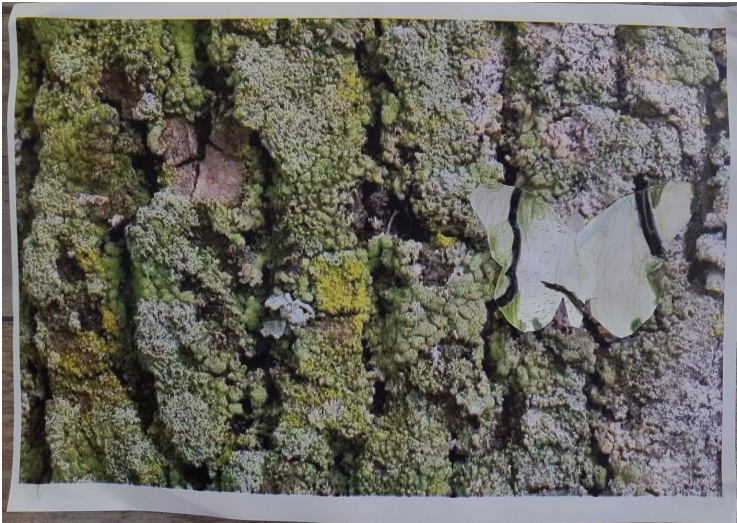


Alice goes to the local school, but everybody dislikes her because of Nell. There are two children who are supposed to welcome her but as soon as one of the children, Ella finds out, she doesn't like her. But, unlike Ella, Max is nice to her.

In my opinion this was the best book that I had ever read. I would 100% recommend this book to anyone 9-16. Please read this book! It is amazing! I rate this book 5 stars.

☆☆☆☆☆ By Tilly Rutherford

NOW YOU SEE ME! NOW YOU DON'T! Year 6 have also been studying the adaptation of the Peppered Moth as part of their science unit on Adaptation, Inheritance and Evolution. Below are some of the excellent examples of how our Year 6 have camouflaged their moth templates to hide it against its background.



The real Peppered Moth!

AND OUR LITTLE ONES HAVE CONTINUED TO BE BUSY HAVING FUN WITH THEIR LEARNING!





TEAM POINT CERTIFICATE WINNERS 18th March 2021

BRONZE CERTIFICATE – 50 TEAM POINTS

Year 6: Jack

SILVER CERTIFICATE – 100 TEAM POINTS

Reception: Isabella, Maddox, Daniel, Flynn

Year 1: Alice, Amelia, Agnes, Sienna, Juno, Calla

Year 2: Jamie, Jack, Leo, Bodhi, Lola

Year 4: Florence D

Year 5: Rowan, Eli, Holly, Jesse, Freddie, Joshua

GOLD CERTIFICATE – 150 TEAM POINTS

Year 3: Connie

Year 5: Jacey, Hatty

TEAM POINT CERTIFICATE WINNERS 25th March 2021

SILVER CERTIFICATE – 100 TEAM POINTS

Reception: Raffy, Harry, Max, Evie S

Year 2: Primrose, Ollie

Year 3: Maximilian

Year 4: Martha

Year 6: Flora, Fred, Genevieve

GOLD CERTIFICATE – 150 TEAM POINTS

Reception: Pippa

Year 2: Connie

Year 3: Eliza

Year 5: Matilda

Year 6: Violet

COMIC RELIEF

WELL DONE AND THANK YOU! YOU RAISED £220.84 FOR COMIC RELIEF.

BAG 2 SCHOOL FREE FUNDRAISING FOR SCHOOLS

In partnership with your school or organisation



Perran-Ar-Worthal Community Primary School

Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



By using this paper leaflet we are helping to reduce unnecessary extra plastic. Please use your own bag or bags (there is no limit). The leaflet is FSC accredited, please recycle it.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

***The more we weigh the more we pay!
Extra bags are welcome - there's no limit***

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Friday 23rd April 2021 - 9.00am

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DON'T FORGET TO GET THOSE CREATIVE MINDS WORKING!

What will your contribution be to the 'Every Moment, Mind and Body Matters' wellbeing book? We look forward to getting in your entries. See below for a reminder of what to do! **REMEMBER, THIS CAN BE A FAMILY ENTRY!**



Please take a few minutes to click on the link <https://forms.gle/mYwXFusueaBp9Twd7> and complete the Google form. This will help us to track how many entries we have for each category. You can enter as individuals or as a family and can pick more than 1 category. If you have any questions please put on the form and we will respond to you.

Contribution guidance:

Format: A4pdf or word document; portrait; hand written/drawn or digital

Images: jpeg format

Named or anonymous if you prefer.

Please note that your contribution may be edited to fit in with the book layout and any photos published in the book will be for general sale to the public.

Please email your contributions to: fops@perran-ar-worthal.cornwall.sch.uk

Deadline for contributions: Thursday 1st April (last day of Spring Term)

UNFORTUNATELY, WE HAVE HAD TO CANCEL THE SCATTERGORIES QUIZ NIGHT THIS EVENING DUE TO LOW NUMBERS. WE WILL UPDATE YOU ON OTHER FORTHCOMING EVENTS AFTER THE EASTER BREAK.

