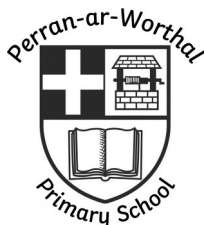


T

he Heffington Post
14th July 2025



E

VERY MOMENT MATTERS!

Say hello to your new parent governors!

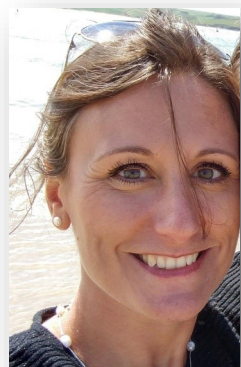


Nicky Muller

As a parent I'm passionate about supporting our wonderful village school, its staff and the children who bring it to life. "Every moment matters" is an ethos I wholeheartedly believe in - childhood is precious and primary school should be a rewarding, fun, nurturing and enriching experience for all. I also believe that the relationship and communication between parents and the school is vital to help the school continue to thrive and prosper.

I have a varied background of transferable skill sets, including; project management, interior design, creative arts, marketing, coaching and being a professional athlete. I understand the importance of communication and cohesion in getting the best out of people, especially within the demands of a high performing team environment.

I'd love to be given the opportunity to support the school and its pupils to continue to thrive.



Sophie Dunkley

My reasons for applying for parent governor stem from a genuine passion to support this amazing school which has been nurturing our girls from reception through to year 4 and year 2. I recognise the core values of the school, and I would like to play a more active role in helping the school navigate the various day to day, and year to year challenges that it faces. As a specialist nurse, I have various transferable skills required for the role; I am highly organised, decisive and driven (currently undertaking a masters in Advanced Clinical Practice alongside work) but alongside this I possess excellent communication skills and I really enjoy working with a team to achieve what is needed.

We are delighted to announce the names of our two new parent governors, Nicky Muller and Sophie Dunkley. Following the recent advert for the September 2025 vacancies, we received only two applications. As a result, it was not necessary to go to ballot and both our highly skilled applicants were readily accepted onto our board. Nicky and Sophie will be joining a fantastic team of experienced governors to support the school on its continuous journey of improvement and success. We are incredibly grateful for the support of our board of governors and would like to take this opportunity to formally thank Emily Lord and Sarah Childs for the commitment, guidance and expertise during their term of office.

Finally, we have a school extension update to share!

After many, many weeks of asking, waiting and still not hearing any real news about progress regarding the school extension, the school was finally invited to a meeting, on Thursday last week, with the construction team, KPK, the Local Authority School Expansion Team and the Mitie Project Manager. Having battled with the difficulties that any building development can have with bats, the ecologist team has finally given the go ahead to proceed 'with caution!' As such, we have been given a start date of Monday, 28th July 2025! We cannot even begin to explain the deep frustration we have felt leading up to this point. Our inability to provide our school community with regular updates has been as a result of the lack of information we have been given. As a staff, we have felt incredibly well supported by our governing board who have worked alongside us to try and push for a speedier process, but the bats seem to have beaten the process, and the progress, every time!

That said, with the start date now agreed, we have exciting times ahead. You have, no doubt, already worked out that the end result will not be ready for a September 2025 start and we have been told that a January completion is more likely. However, we plan to use this time to involve the children in the building progress once they return to school in September. The team are keen to make these moments matter!

On the next page is a birds eye view of the school with its extension. Once the construction team move on site on the 28th July, the red cross thatched area will be out of bounds for the entire duration of the build. Pedestrian access will continue to be through the main pedestrian gate and a safe walkway will be created for parents and pupils to access the school site for drop off and collection (as seen in the solid green area).

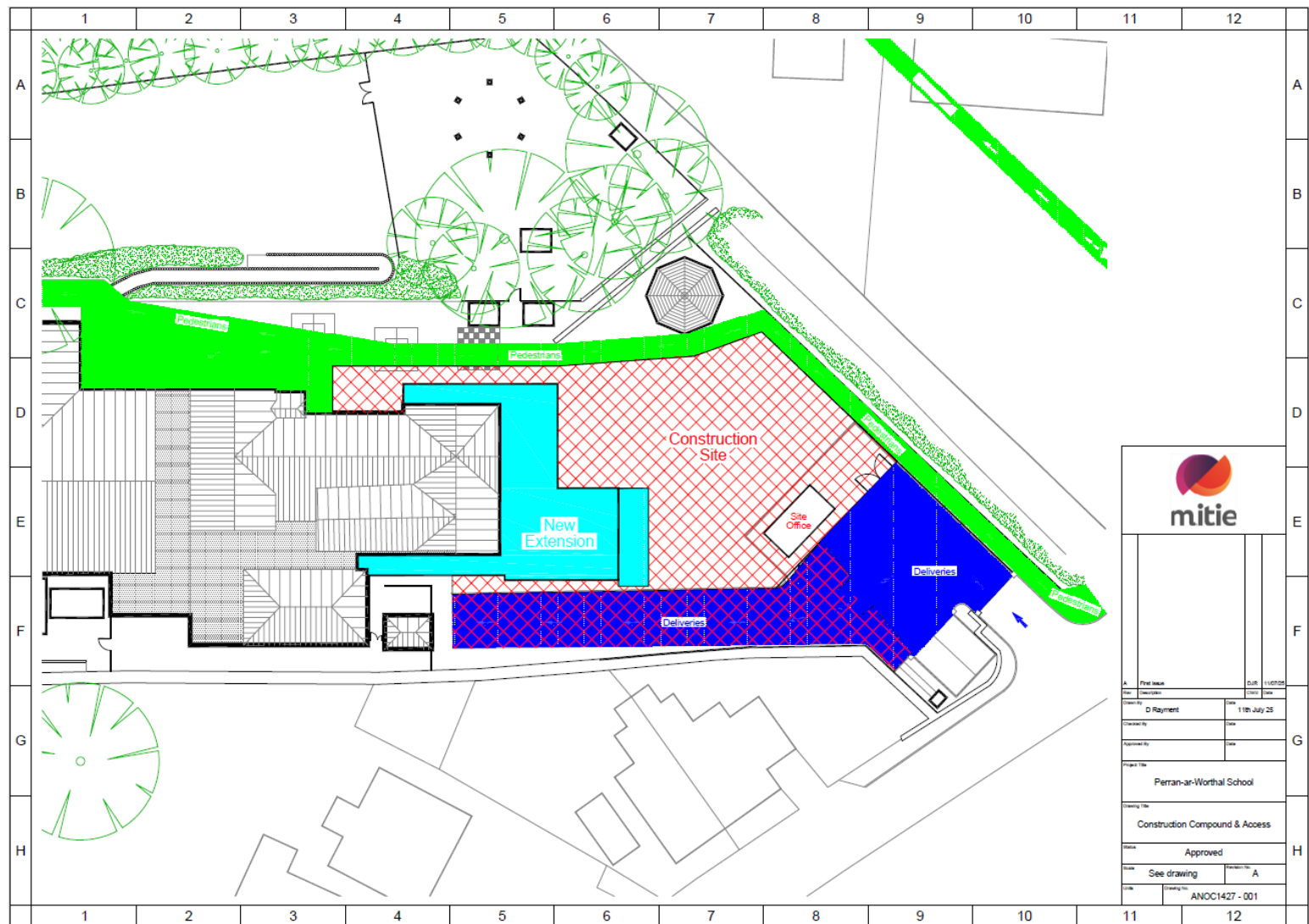
Due to losing a large area of our playground, we will be making more use of the lower green area on the school site adjacent to the forest school and grow zone. This grass area is not often used for play times during the autumn and winter due to the weather, however, we are keen to provide the children with the space they need to continue to play effectively. Therefore, from September, we encourage all children to bring in wellies to ensure school shoes remain mud free and dry. More information about use of the playground will be shared in the new academic year.

We are also aware that the staff carpark will not be accessible. To ensure the staff do not increase traffic issues for parents, staff will not be parking their cars in busy areas where parents are likely to need those spaces. This does mean that there should be no change to available parking for parents at the beginning and end of the day. During the summer break, we may receive some updates on progress and we will inform you of any changes to access as and when we are made aware.

We would like to take this opportunity to thank you for your patience and understanding during a period of uncertainty. The children have been nothing less that AMAZING during this time and we are very much looking forward to having the much needed space for our pupils with a beautiful new classroom and the full use of our school hall. We can now look forward to the exciting changes ahead and make the most of the learning opportunities that we will no doubt have access to during the building period.

Please do get in touch if you have any questions or speak to one of our well informed school governors.

Please see below the site plan of school grounds showing the extension, areas that will be out of bounds and the safe pedestrian access point and walkways.



Last week, our 4 Yr6 Bake-Off finalist produced their final offering in the form of a layered celebration cake—and what amazing results they had! Mr Nick Powley, DT Food Lead from Penair, was invited in as one of the guest judges. Mr Powley was very impressed by the incredible standard and was delighted to be part of this PAW Yr6 tradition that highlights the talents of our pupils. Several other guest judges were invited to share their views and no less than 20 score sheets were collated for each contestant. However, we will have to wait a little longer to find out the winner as this will not be announced until the final day of term!



Having spent time auditing the books in the library, removing the old and replacing with the new, the Swifts decided to have a second hand book sale to help raise funds to further enhance our reading resources for the children. Thank you to all those who helped to run the stall as well as sort the books!

MONSTER KICKABOUT IS BACK at Perran-ar-Worthal!



This week, Swifts, Starlings and Skylarks have taken part in Monster Kickabout football activities with a focus on fun and participation. Children played a variety of games which challenged them to maintain control of the ball, work closely with their team on different challenges and work together to score.

This football initiative from Sports Direct and Nike, created to encourage more kids to take up football. Our school firmly believes in closing the gender gap in football by offering girl's football in Autumn and Spring term and through the Plymouth Argyle club on offer on a Friday after school. We hope to see you there next Autumn!



School Games Gold 2024-2025



We are delighted to announce that we, Perran-ar-Worthal have achieved the School Games Gold Mark Award for the 2024/25 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

Our school has demonstrated excellence in providing sporting opportunities and competition for its pupils, both within the school and in the wider community. It indicates a high level of commitment to developing physical activity and competition for all students.

Perran-ar-Worthal works closely with the Penryn Partnership, which offers an enormous selection of sporting competitions at different levels. 93% of Swifts, 81% of Kingfishers, 97% Skylarks and 100% Starlings competed in local inter-school competitions and sporting festivals this year, as well as all of Robins. We are extremely proud of our pupils for their dedication to all aspects of school sport, including those young leaders and officials from Penryn who made our competitions possible.

As part of our application, we were asked to fulfill criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks to all of our parents for your continued support with leagues, swimming galas, standing in the rain and mud in cross country, transporting children to and from athletics and your support with every event our children can access because of you.

We look forward to applying once again in 2026!



Citizen / Learner of the Week – w/c 30th June 2025

Puffins

Learner – Harvey (For his growing perseverance and resilience in adult-led activities)

Citizen – Fearne (For her enthusiastic contribution to whole class discussions)

Wagtails

Learner – Jago (For an amazing fact file about octopuses)

Citizen – Gracie-May (For showing amazing resilience during our sports' day training)

Robins

Learner – Meyer (For incredible focus during our nature project)

Citizen – Harry (For incredible resilience following his accident)

Starlings

Learner – Kaiser (For progressing well in reading and demonstrating a true love of reading)

Citizen – Emmy (For working hard and always being ready, respectful and safe)

Skylarks

Learner – Lottie (For incredible surfing on surf and sleep day)

Citizen – The whole class (For an amazing surf and sleep day, demonstrating all of the school's core values)

Kingfishers

Learner – Ted (For working so hard and making so much progress during assessments this week)

Citizen – Fleur (For always being kind and caring with her friends)

Swifts

Learner – Rosie S (For giving 100% effort on Camp and embracing the challenges that come with camp)

Citizen – Jack (For being an amazing citizen on Camp and demonstrating the core school values)



TEAM POINT CERTIFICATE WINNERS 3rd July 2025

SILVER CERTIFICATE – 100 TEAM POINTS

Year 5: Agnes and Roly

GOLD CERTIFICATE – 150 TEAM POINTS

Year 4: Niamh and Henry

Year 5: Sienna and Eleni

MEDALS – 200 TEAM POINTS

Year 1: Arthur

Year 2: Lettie

BADGE – 250 TEAM POINTS

Reception: Harvey

Year 1: Ivy, Ruben and Margot

Year 6: Leo



TEAM POINT CERTIFICATE WINNERS 10th July 2025

GOLD CERTIFICATE – 150 TEAM POINTS

Year 3: Harrison

MEDALS – 200 TEAM POINTS

**Reception: Rocky, Rosie, Otto, Ryan, Benjamin, Otis, Pearl, Finn,
Alice, Toby, Logan and Finlay**

Year 2: Isaac, Rohan, Florence, Willow, Jovie and Freya

Year 3: Elodie and Micky

Year 4: Flynn and Charlie

Year 6: Archie

BADGE – 250 TEAM POINTS

Reception: Zoe and Daisy

Year 1: Rafe

Year 2: Isla

Year 3: Hetty

Year 4: Lottie

HEADTEACHER'S CERTIFICATE – 300 TEAM POINTS

Year 3: Logan

Year 4: Daphne

HELPFUL PARENT PAGES ON OUR WEBSITE:

Please click on each picture below to see further information on our website about keeping your child safe online and how the School Nursing Service can offer parents and their children support.



CORNWALL COUNCIL
one and all • oen hag all

Together 
for Families

School Nursing service

The School Nurse team would like to offer you some ideas, information and ways to contact us, for us to support you and your children to achieve Physical and Emotional, health and well being during their time at school.

 www.cornwall.gov.uk



FREE online talk



Supporting Healthy Screen Use

Screens are here to stay.
What are the potential harms and
how can we reduce them?

To book your place
go to the **PARENTS** page (facefamilyadvice.co.uk)

Diary Dates



Tuesday, 15th July: Yr6 Production Matinee and Evening performance

Thursday, 17th July: Sports Day

Friday, 18th July: Yr2 On Site Camping Day

Monday, 21st July: Back up Sports Day

Tuesday, 22nd July: Yr6 leavers assembly 9.30am to 11am and last day of term

Wednesday, 23rd July: INSET day—School Closed

Thursday, 24th July to Tuesday, 2nd September: SUMMER BREAK

Please note that there will be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.

Wednesday, 3rd September: INSET day—School Closed



Musical Theatre Summer Workshops **13th/14th/15th August** **at Devoran Village Hall 9-3pm.**

**Come along and join in the fun
with dance, drama, singing & craft.**

£70 for the full 3 days with 1 - 2 day options available

Ages 5-12 years

£35 for 3 Half days with 1 - 2 day options available

Ages 4-5 years

Mini performance on the last day

For further information or to book a place contact

Kathryn on 07891675753 or email

khdapincipal@gmail.com

www.kh-danceacademy.co.uk



SUMMER ART SESSIONS

Make this summer creative with art-K Truro! Join our Art Club, Young Artists Masterclass and Adult Classes.

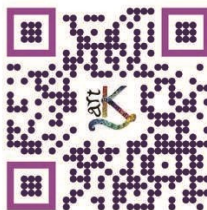
Art Club

Joyful, creative weekly class.
Individual instruction.

- » Ages 6-16
- » £15 per 1.25 hr class
- » £18 drop-in
- » Block booking (5 weeks) or drop-in
- » Two sibling discount: £130 for 5-week block
- » Up to 12 students
- » Materials provided
- » GCSE support available
- » Catch-up sessions offered for holiday absences (up to 2)
- » Classes available all year (termly bookings)

Wednesdays: 11.00-12.15pm
Thursdays: 1.30-2.45pm
Fridays: 11.00-12.15pm

Scan the
QR to book!



Young Artist Masterclass

Full coaching for each student.
Ideal for GCSE support.

- » Ages 10-16
- » £22 per 1.5 hr class
- » £25 drop-in
- » Block booking (5 weeks) or drop-in
- » Two sibling discount: £200 for 5-week block
- » Max 6 students
- » Materials provided
- » Catch-up sessions offered for holiday absences (up to 2)

Wednesdays: 12.30-2pm
Thursdays: 11.00-12.20pm

Adult Classes

Weekly classes exploring diverse topics. Individual instruction.

- » 5-week course: £21/class
- » Pay-as-you-go: £24

Wednesdays: 6-8pm

www.art-k.co.uk/class-truro | sara@art-k.co.uk | 07852 674316
Barras Moor Farm, Perranarworthal, Truro, TR3 7PE

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Behaviour Workshop

Monday 22 September - 9.30am & 1pm
Tuesday 23 September - 11am & 4pm
Wednesday 24 September - 9.30am & 1pm
Thursday 25 September - 10.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form <https://forms.office.com/e/gA2jNGbZ4F> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Worry Workshop

Monday 8 September - 9:30am & 1pm
Tuesday 9 September - 10am & 4pm
Wednesday 10 September - 9:30am & 1pm
Thursday 11 September - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

To book a place please complete the online form <https://forms.office.com/e/hkyaFeuY1Z> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Resilience Workshop

Monday 15 September - 9.30am & 1pm
Tuesday 16 September - 10am & 4pm
Wednesday 17 September - 11am & 1pm
Thursday 18 September - 9.30am & 4pm

This workshop aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

To book a place please complete the online form <https://forms.office.com/e/260T74xF2v> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Sleep Workshop

Monday 29 September - 11am & 4pm
Tuesday 30 September - 9.30am & 1pm
Wednesday 1 October - 9.30am & 1pm
Thursday 2 October - 10am & 4pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form <https://forms.office.com/e/6cJiu8PArV> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

A Sleep Workshop - <https://forms.office.com/e/6cJiu8PArV>

Resilience Workshop - <https://forms.office.com/e/260T74xF2v>

Worry Workshop - <https://forms.office.com/e/hkyaFeuY1Z>

Behaviour Workshop - <https://forms.office.com/e/gA2jNGbZ4F>

Sign up will close a week before the workshop.



Cornwall
Wildlife Trust



Cornwall Partnership
NHS Foundation Trust

The Mental Health Support Team warmly
invite you to attend...

Wild Wellbeing

During the summer holidays MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session at various locations across Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Morning and afternoon sessions available at:

Golitha Falls
Dipping Pond, Goss Moor
Tehidy Woods
Penrose Estate
Heamoor Primary School
Hayle Family Hub

Each session will last approx. 2 hours

To request a place, complete the online
form or scan the QR code provided:

<https://forms.office.com/e/NRrN3NXSvH>



Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else



Follow us on Facebook for updates and upcoming events:
[Cornwall Mental Health Support Team \(MHST\)](#)

The Woodland Ways

WHERE OUTDOOR LEARNING COMES TO LIFE



The Woodland Ways offers engaging, hands-on outdoor experiences that help children build confidence, curiosity, new skills and a deep respect for the natural world.



Whether you'd like a one-day adventure or a term-long enrichment programme, we tailor every session to suit your child.



Activities include:

- Forest School sessions
- Bushcraft skills (fire lighting, shelter building, foraging)
- Nature crafts/cooking and storytelling
- Eco-awareness and environmental education



Our experienced leaders foster a sense of wonder and confidence, helping children of all abilities thrive in a private woodland setting, in Mylor.

Learn, Engage & Grow Outdoors

www.thewoodlandways.com

CORNWALL CRICKET PRESENTS

CORNWALL VS SOMERSET

50 OVER SHOWCASE GAME



AUG 4

WADEBRIDGE CRICKET CLUB
DOORS OPEN 9AM | 11AM START

Adults **£10**

Under 18 **£5**



Scan the QR Code or visit
<https://booking.ecb.co.uk/WyOIko>

Parking available at the rugby club for
£5 per car payable on the day when
you park. Other parking available at
car parks in the town.



WH
BOND

JEWSON

Aqua Rod
Cornwall

SITHNEY
Cornish Gin

EDEN HOT TUBS
A WHISKY & GIN BAR

DadPad

LOGAN ROCK
INN