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he Heffington Post
16th May 2023



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VERY MOMENT MATTERS!

A BUSY WEEK OF TESTS FOR OUR AWESOME SWIFTS! It's been a busy week for our Year 6 pupils who have approached all aspects of the SATS with positivity and confidence. We are so proud of them all for their amazing attitude towards learning. The week ended with a full on pizza making challenge, all of which were consumed in a very short space of time AND with an ice-cream to round off the final day. What an amazing group of individuals—you are all FANTASTIC!

30 TRAITS A STANDARDIZED TEST CAN'T MEASURE
 @Woodard_julie

PASSION
 STRENGTH
 COMPASSION
 a sense of HUMOR
 KINDNESS
 MOTIVATION
 COURAGE
 empathy
 Personality
 common sense
 Character
 A ♥ OF LEARNING
 creativity

WIT
 FAITH
 Intuition
 Intelligence
 FORTITUDE
 WORK ETHIC
 DETERMINATION
 MANNERS
 GRIT
 PHYSICAL FITNESS
 life skills

Resilience
 self-esteem
 MORALS
 diligence
 INGENUITY
 effort






BRINGING THE BEAUTY OF NATURE TO THE TABLE! Following on from their Andy Goldsworthy art lesson, our talented Kingfishers were given free reign to create their own leaf themed pictures using their own choice of art medium and art techniques. The result—a wonderful range of impressive and thoughtful works of art!



WE LOVE FABULOUS FRIDAYS! It was a sleeves rolled up type of art lesson for our Year 1 children last week. Overalls and a lump of clay at the ready and it was a hive of creative activity with every child involved in moulding their mini-sculptures. With great results all round, the children were all delighted with their end products! Well done all!





**FAMILY
QUIZ
NIGHT**

The staff quizmasters have been busy.....

Join us for an evening of brainteasing fun for everyone...

Teams of up to 8 - must include 1 adult and 1 child, how many of each is up to you

£3 per adult, £2 per child

BYO snacks and drinks

Prizes to be won

Thursday 18 May

6 to 7.30pm

Perranwell Village Hall



CONFIRMED SUMMER TERM DATES FOR YOUR DIARY:

Thursday, 18th May: Family Quiz Night at the Village Hall at 6pm

Monday, 22nd May: Tempest Class Photographs

Tuesday, 23rd May: Year 6 Trip—Bodmin Jail!

Friday, 26th May: INSET DAY (school closed)

WB Monday, 29th May: HALF TERM

Thursday, 8th June: Yr4 Surf and Sleep meeting at school @ 4.30pm

WB Monday, 12th June: Progress Review Meetings

WB Monday, 12th June: Yr6 Camp week at Porthpean

Thursday, 22nd June and Friday, 23rd June: Yr4 Surf and Sleep with Global Boarders at Gwithian

Monday, 26th June to Wednesday, 28th June: Yr5 Camp Kernow at Malpas

Wednesday, 28th June: TRLC Awards night at Truro Cathedral (7 pupils to be awarded)

Thursday, 29th June and Friday, 30th June: Yr3 Seal and Sleep

WB Monday, 3rd July: Sports Day (day to be confirmed closer to the time)

Tuesday, 11th and Wednesday, 12th July: Redruth School transition days.

Monday, 17th July: Yr2 Camp day

WB Monday, 17th July: Yr6 Production (days and times to be confirmed closer to the time)

Friday, 21st July: Yr6 Leaver's Assembly at 9.10am in the school hall.

NB: If, due to unforeseen circumstances, there is a need to change any dates or times, we will notify you as soon as possible.



**PLEASE
NOTE...**

THURSDAY: QUIZ NIGHT! Don't forget to come along and test your grey matter at the family quiz night on Thursday. Mr Teasdale, Mrs Pallot, Mrs Rawlings and Mrs Heffer have been busy creating some tricky questions, music and picture rounds to keep you thinking! Don't miss out on this fun night! Bring your own snacks and drinks to feed and water the brain! We look forward to seeing you at the Village Hall at 6pm on Thursday, 18th May!

LOST PROPERTY! We have an increasing amount of lost property forming a rather large pile at school. These will be put outside in the shelter this week. Please could we ask you to check for any items that belong to your child. Unfortunately, several uniform items are not named.

WARM WEATHER IS ON THE WAY! Please could we ask that your child brings a named hat to school on days when the weather is likely to be very warm. Applying sunscreen before coming to school on these days would also be a good idea. Any sunscreen brought in to school must be named. Children can then reapply their own sunscreen when needed.

TEAM POINT CERTIFICATE WINNERS 11th May 2023

SILVER CERTIFICATE – 100 TEAM POINTS

Year 5: Willow G

Year 6: Jack

GOLD CERTIFICATE – 150 TEAM POINTS

Reception: Jessica

Year 4: James

Year 5: Myah

Year 6: Chikamso and Hazel

MEDAL – 200 TEAM POINTS

Year 3: Sophie

Year 5: Max and Willow M

Year 6: Archie

BADGE – 250 TEAM POINTS

Reception: Isla

HEADTEACHER'S CERTIFICATE AWARD – 300 TEAM POINTS

Reception: Tilly

MONDAY, 22nd MAY: CLASS PHOTOS! These will be taking place in school on this day. Please could we ask that all children wear their uniform to school on this day and not their PE kit. PE kits can be brought in to school in a named plastic bag to change in to. Thank you.

Calling all keen cyclists—see below for details!



The Carnon Classic School Games

Sunday May 28th 2023

Parking at Jubilee Woods Car Park/Neighbouring roads (Please park respectfully)

1.30pm – 1.50pm Register at Carnon Downs Village hall. Every child to be supervised by an adult and bring the attached consent form signed. Bring own bikes and parents to ensure they are safe for use.

2pm – Riders to form at the start line on the closed road circuit in the main village for a safety briefing and bike & helmet checks.

Game 1 – “The Slow Bike Race”

4 riders to ride inside a square marked by cones. Slowly the size of the square will be reduced. The aim is to stay in as long as possible.

Game 2 – “Team pursuit”

Teams of 4. Each rider to do 1 full course lap before the next rider sets off.

Game 3 - “The individual drag race”

Riders to set off in 3’s from the bottom of the village finishing at the top of the closure.

Game 4 - “The Paper Round Obstacle course”

Teams of 4, using half the course. Riders attempt to throw a paper into a bucket for 10 bonus points before navigating through cones and finishing through the limbo. Once one rider has completed the next to go.

3pm Results and medals for all children.



Take on
the
roadies!



£1,000
Prize
Fund!

27th & 28th May 2023

Open to Youth categories, plus Junior, Male 3/4 & Womens 2/3/4

3 stage race over 2 days

Stage 1 - closed circuit race at Wheal Jane on Saturday
Stage 2 - 1 mile hill climb at Carnon Downs on Sunday *
Stage 3 - 9 mile time trial at Carnon Downs on Sunday *

Entry via British Cycling website

Promoted by Wheal Velocity & Penzance Wheelers

* Penzance Wheelers will also be running the Carnon 2 stage TT on the same day as a stand alone event
£1,000 prize fund has been donated by Penzance Wheelers.

For more info contact Penzance Wheelers or visit www.pzwheelers.cc



sustrans



TRANSPORT (CORNWALL) LIMITED



Carnon Community Methodist Church

PARENTAL CONSENT FORM

Riders Name:

Date of Birth:

Parent or Guardian

Name:

Address:

Postcode:

Being the parent or guardian of the above rider

- Understand and agree that my son/daughter participates in events promoted under the Federation's rules and regulations entirely at his/her own risk. I have considered and understand the nature of such events and have discussed them with my son/daughter. I am satisfied that my son/daughter is sufficiently responsible and competent to assume full and entire responsibility for his/her own safety whilst engaged in competition under British Cycling Federation Regulations.
- Understand that competitors over 16 years of age are permitted to compete on the public highway and must therefore assume full and entire responsibility for their own safety in relation to other traffic. I understand and have emphasised to my son/daughter that the function of marshals in such events is to do no more than indicate the direction the rider should take and that the responsibility for safety whilst negotiating corners, turns and other hazards must rest with the rider alone.
- Understand further and have impressed upon my son/daughter that all competitors in events on the open road must observe the law of the land relating to road travel.
- Agree that my son/daughter shall participate in such events without any liability whatsoever on the part of the promoter, promoting club, the British Cycling Federation, or any club or organisation affiliated thereto or their officials or members in respect of any injury, loss or damage suffered by him/her, provided that this does not exclude the liability of any such party for death or personal injury arising from that party's negligence.
- Confirm that my son/daughter does not have any disability or medical condition, physical or mental, which could affect his/her ability to ride safely as a racing cyclist. I understand that I must notify the General Secretary of the Federation at once if at any time my son/daughter becomes subject to a disability or medical condition, physical or mental, which could affect his/her ability to ride safely as a racing cyclist.

Signed (Parent or Guardian):

Date:

Witness (see Note 2)

Forename:

Surname:

Address:

Postcode:

Position (within club or BC):

Signature:

Notes:

- A racing licence cannot be issued to a member under the age of 18 years unless in receipt of a completed Parental Consent Form.
- Where a member applies for an annual racing licence, the signature of the parent or guardian must be verified by a witness.
- A signed Parental Consent Form must be submitted with **every** application for a racing licence (either annual or one-day) for as long as the rider is under the age of eighteen years.
- We will use the personal information you are submitting to us in accordance with our Privacy Notice, which is available on our website at www.britishcycling.org.uk/privacynotice.