



With a busy week of SATS for our Yr6 and the sunny weather to enjoy, it is not surprising to see so many teachers taking their classes outdoors to enjoy being creative around our wonderful school site. From creative Yr4 and Yr5 writing workshops on the theme of Dystopia and Utopia to ephemeral art inspired by Andy Goldsworthy. What a great place to learn and be creative! Below a just a few pictures of the wonderful work created by our pupils.





# Cross Country May 2025



The weather has been incredible recently and our cross country runners have turned up on a Friday organised and ready to run! Thank you to every child that comes along on a Friday focussed and ready to challenge themselves. It is a fantastic way to start each Friday! Thank you always to Bob, Nadine and Mark—for your energy, thoughtfulness and tactful conversations with tractor drivers! Thank you!

Miss Davies







You are all amazing!

# **My Nutrition Matters**



For a multitude of reasons young people in England are now facing a nutritional challenge.

Influencing factors include food insecurity as a result of the cost of living crisis, increased pricing of healthier food options and extensive promotion of ultra-processed foods (33% of food and soft drink

advertising spend goes on unhealthy products, compared to 1% on fruit and veg ),

According to recent reports, which assessed data from a range of sources including the National Child Measurement Programme and the Royal College of Paediatrics, Children in England are now shorter and more likely to have obesity and type 2 diabetes. This can lead to life-long illness and additional mental-health issues. Perran-ar-Worthal is committed to ensuring our children are empowered to consider their nutritional choices and dietary implications in order to lead healthy lives. KS2 children have a brief lesson prior to their PE lesson on how vital it is to look after our physical health, how to ensure nutritional health and looking after our mental well-being.

As a part of KS2 learning in 'My Health Matters', children learn about essential components of nutrition and are encouraged to understand and consider their nutritional choices.

The term overview looks at:

- The five food groups and how each food group benefits our body
- How different foods can affect our mental wellbeing
- To understand why eating the whole fruit is more beneficial than drinking the juice.
- · Why protein is so important
- The differences between natural, processed and ultra-processed foods
- How ultra-processed foods can affect our hunger hormone and feeling of fullness.
- Why fats are important in our diet and which are more beneficial for our bodies
- The effect of too much sugar in our diet





# **TEAM POINT CERTIFICATE WINNERS 15<sup>th</sup> May 2025**

#### **BRONZE CERTIFICATE – 50 TEAM POINTS**

Year 3: Emmy

SILVER CERTIFICATE – 100 TEAM POINTS

Year 5: Noah

**Year 6: Rosie E and Seth** 

**GOLD CERTIFICATE – 150 TEAM POINTS** 

Reception: Rosie, Rocky, Rowan, Otto, Toby, Sol, Elijah, Joshua and Fearne

Year 1: Reuben, Artie, Renn and Arthur Ca,

Year 2: Rohan, Florence, Dottie and Willow

**Year 3: Kaiser and Thomas** 

**MEDALS – 200 TEAM POINTS** 

Reception: Jonathan, Daisy and Zoe

Year 1: Ruben, Noah and Rafe

**BADGE – 250 TEAM POINTS** 

Year 3: Logan



#### **TEAM POINT CERTIFICATE WINNERS 22nd May 2025**

**GOLD CERTIFICATE – 150 TEAM POINTS** 

**Reception: Ada** 

**Year 1: Arthur Co** 

**Year 2: Barnaby** 

**Year 3: Brynley** 

**Year 5: Violet** 

**MEDALS – 200 TEAM POINTS** 

**Reception: Harvey** 

Year 1: Ivy, Margot and Isabelle

Year 3: Bella







# Citizen / Learner of the Week - w/c 12<sup>th</sup> May 2025

#### **Puffins**

**Learner** – Finn (For some excellent independent writing)

Citizen – Rosie (For being a good friend – she loves to make others laugh when they need cheering up)

### **Wagtails**

**Learner** – Tiber (For working incredibly hard on his blending in phonics)

Citizen – Artie (For trying hard to follow our school rules and being respectful on the carpet)

#### **Robins**

Learner – Harry (For working incredibly hard to improve his handwriting this week, thinking carefully about letter formation)

Citizen – Jessica (For always being amazing! Setting a good example to others, constantly demonstrating the key skills and being an incredible friend and classmate)

#### **Starlings**

Learner – Robyn (For really improving the description in her creative writing, using wonderful words and phrases)

Citizen – Arto (For being able to sit next to and work well with everyone. He is always so calm and kind)

# <u>Skylarks</u>

**Learner** – Teddy (For participating and contributing well in class discussions)

Citizen – The whole class (For working incredibly hard and coping so well with the changes to their 'normal' week)

# **Kingfishers**

**Learner** – Juno (For participating well in class discussion)

Citizen – Amelia (For always being eager to help in class)

# **Swifts**

**Learner** – The whole class (For working incredibly hard during SATs this week)

**Citizen** – The whole class (For being super stars this week!)



**WB 26th May: HALF TERM WEEK** 

**WB 2nd June: Yr4 Multiplication Check Period Begins** 

Wednesday, 4th June: Yr4 War Museum Trip

Thursday, 5th June: Non-Uniform Day for Perranfest (prizes needed for tombola, water to

wine, sweet stall

Thursday, 5th June: World Environment Day

**WB 9th June: Yr1 Phonics Screening Check Period Begins** 

**WB 9th June: Final Term Progress Review Meetings** 

Wednesday, 11th June: Yr5 Science Day at Penryn Campus University

Thursday, 12th June: Science Day

30th June, 1st and 2nd July: Yr6 camp at Porthpean

17th June, 24th June, 1st July 2pm to 2.45pm: Learning Together sessions

Tuesday, 1st July: Tec Girls STEM Day

Wednesday, 2nd July: Open Evening At Penryn for Yr6 Pupils

Thursday, 3rd July: Yr3 Trip to Recycling Centre

Thursday, 3rd July: Yr4 Surf and Sleep

Wednesday 9th July to Friday 11th July: Yr5 Camp at CampKernow

Monday, 14th July: Yr6 Trip to Stithians Show

**Tuesday, 15th July: Yr6 Production Matinee and Evening performance** 

Thursday, 17th July: Sports Day

Friday, 18th July: Yr2 On Site Camping Day

Monday, 21st July: Back up Sports Day

Tuesday, 22nd July: Yr6 leavers assembly 9.30am to 11am and last day of term

Wednesday, 23rd July: INSET day—School Closed

Thursday, 24th July to Tuesday, 2nd September: SUMMER BREAK

Please note that there will be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.



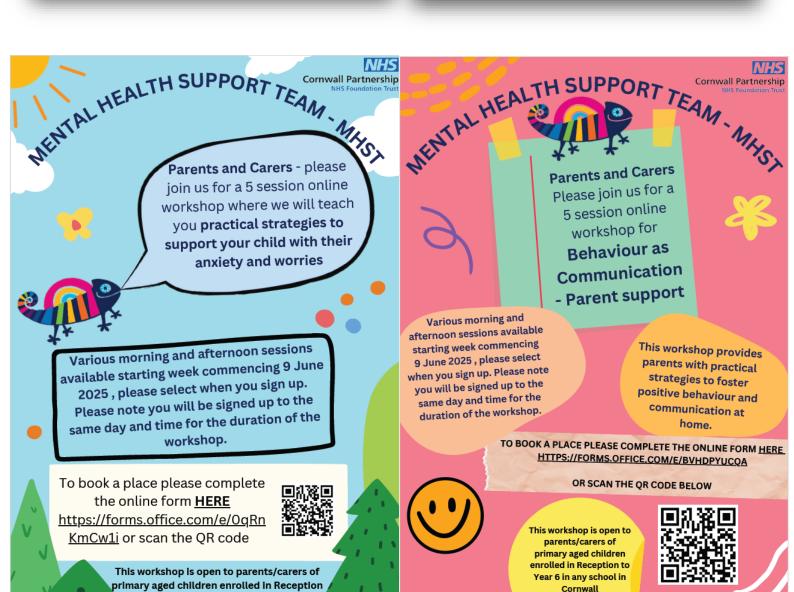
#### **HELPFUL PARENT PAGES ON OUR WEBSITE:**

Please click on each picture below to see further information on our website about keeping your child safe online and how the School Nursing Service can offer parents and their children support.



to Year 6 in any school in Cornwall











E80 FOR 3 DAYS OR £30 A DAY

#### MAY HALF TERM SUPER CAMPS

Come and take part in our EdVenture holiday provision, offering children a fantastic opportunity to build friendships through team sports and outdoor adventures, and explore their creativity with themed group games and arts & crafts.

MAY HALF TERM SUPER CAMP: TUES 27TH - THUR 29TH MAY

# 3 DAY SUPER CAMP

5-7 YEARS | 8+ YEARS

RANGE OF ACTIVITIES INCLUDING:
DODGEBALL, DEN BUILDING, GYM,
TENNIS, ARTS & CRAFTS, COMIC BOOKS,
JEWELLERY, RUGBY, ASSAULT COURSE,
CAPTURE THE FLAG, BOARD GAMES,
FILMS, TEAM GAMES, ORIENTERRING
TREASURE HUNT & LOTS MOREL



OTHER ACTIVITIES ALSO AVAILABLE:
NETBALL, FOOTBALL, WATERSPORTS
FOR MORE DETAILS ON THE COURSES & HOW TO BOOK:
WWW.MYEDVENTURE.CO.UK
01326 372379

# The Big Village Cream Tea

Saturday, June 7th, 3-5pm



#### A celebration of community and a chance to connect

Join us for cream teas and fizz, and enjoy a showcase of what goes on at our village hall and playing field, along with open forum discussions on how these assets best serve our community, and a chance to contribute to our Big Village Thank You Wall.

Find out more at www.perranwellcentre.org



# Plant Sale for WaterAid and the Growzone

Thank you for supporting the plant sale through purchases and donations of plants. Well done to our Swifts: Henry, Rosie E, James, Jasmine, Will, Rosie S, Fearne, Primrose, Daisy and Bethany for setting up and running the stall.

We have raised just over £100 for WaterAid and the Growzone.

Serendipitously, the sale coincided with World Bee Day this week (as noted by a parent!) and many of the plants raised for the sale in the Growzone were bee-friendly flowers.







