

Am I ready for school?



Tips for parents

When your child starts school there are a number of skills that will be helpful if they have already mastered them.

Routines

I have a good bedtime routine so I am not feeling too tired for school

I have practised putting on my uniform and getting ready to leave on time.

Independence

I am happy to be away from mummy, daddy or my main carer

I can tidy away and look after my belongings

I feel happy about starting school

Going to the toilet

I can go to the toilet on my own, wipe myself properly and flush

I can wash and dry my hands

Eating

I can use a knife and fork

I can open my packed lunch on my own

I have a healthy diet

Sharing and turn taking

I can share toys and take turns

I can play games with others

I can interact with other children

Getting dressed and undressed

I can button and unbutton my clothes

I can put my own shoes and socks on

I can put my coat on and zip it up

Listening and understanding

I can sit still and listen for a short while

I can follow instructions

I understand and can follow rules

Speaking and literacy

I am interested in listening to stories and looking at picture books

I am able to talk about myself, my needs and feelings

I am practising recognising my name when it is written down