

03.03.26 Peninsula Cluster Cross Country Finals.



20 of our amazing cross country runners qualified for the Peninsula final at Camborne school on Tuesday evening! The sun shone again for their races with perfect running conditions. It was a privilege to be there to watch them race. I would like to thank all the parents and family members for getting them to the event and for the enormous support and encouragement you all gave! Thank you to the amazing siblings whose encouraging shouts were audible around the course! Well done to every single runner! Huge congratulations to Ted for winning his race; county champion! And to Flynn for placing third in his race! Well done! We are incredibly proud of all of you!





Congratulations!

More cross country opportunities:

COOSE TRANNACK CROSS COUNTRY RACES

FRIENDS OF TRANNACK SCHOOL
Registered charity: 1077109
Trannack C.P. School, Trannack, Helston, Cornwall, TR13 0DQ
COOSE TRANNACK — Saturday, 21st March 2026

GENERAL

Coose Trannack is a Millennium Woodland planted by the Woodland Trust in 2000 in conjunction with Trannack School. The woodland is open all year round to the public.

The event is open to ALL children of school age from Yr R through to U16 and we will again be running our Adult Race (4800m) for ages 16 and over.

Hot food and drinks will be served from 08:30.

The Registration Office will be in the school hall, within the main school building and will be open from 08:30 to 11:00.

From 08:30 until the start of the races all competitors are invited to walk the course.

The event will start @ 09:35 and will end around 1pm. There will be a presentation ceremony in the playground for Primary Schools. U13 and U16 Medals will be handed out at the finish line but competitors are welcome to stay until completion of the event. The Adult Race will commence after the Yr6 race.

Competitors are advised to come already changed as there are no indoor changing facilities.

The Local Press are invited to attend. The FTS cannot accept liability for children's pictures appearing in the press. The responsibility is that of the visiting schools/clubs and/or parents. If parents have any concerns prior to the event please contact the event email.

For event enquiries and to submit your School/Club Registration Form email: coosetrannack@gmail.com or post to: Trannack School, Trannack, Helston, TR13 0DQ

PARKING

Please arrive early giving yourself plenty of time to park and register (and to walk the course if you wish). **Please car share where possible.**

DIRECTIONS

Trannack School is approximately 2 miles north of Helston. Follow the B3297 from Helston towards Redruth, turn left where the school is signposted just past Wheel Dream Golf and Restaurant. Dependant on the weather prior to the event parking will be on fields below Trannack School. There is disabled parking in the school car park. All cars are parked at their own risk.

ENTRY FORM & REGISTRATION

Entry can either be done collectively through their school/club organiser by returning the registration form back to coosetrannack@gmail.com or signing up on the day as an individual entry.

To help with the smooth running of the event, the Coose Trannack committee would be grateful if each school or club could have a representative to act as a contact, to pre-register their team before the closing date and be responsible for their team on the day.

For clubs and schools the entry form should be completed and returned **BEFORE** the event (**by Saturday, 14th March**), however if this is not possible, entries can be made on the day. Please report to Registration **at least 1 hour** before the scheduled time of the race.

To reduce the amount of footfall through the registration area please can you ensure that only ONE club representative, or one school year group representative collects running numbers for the whole team/ year group.

The entry fee is **£4.00** per child (**£6.00** for the Adult Race - age 16 and over). Cheques should be made payable to the "FTS". As part of the entry fee competitors will receive a drink and a snack bar. They will also receive a certificate showing their finishing position and can keep their race number as a memento of the occasion. **Please ensure all registration forms are returned by Saturday 14th March.**

All competitors should wear their race number on the front of their tops.

RACE DISTANCES, TIMINGS, RESULTS, MEDALS AND TROPHIES

Secondary School Event

U13 & U16 2400m 09:35am (staggered start for each age group)

Medals will be handed out at the finish line for Secondary School races

Primary School Event

Yr. R	300m	10:00am
Yr.1	500m	10:15am
Yr.2	500m	10:30am
Yr.3	900m	10:45am
Yr.4	1200m	11:00am
Yr.5	1500m	11:15am
Yr.6	1800m	11:30am

Adult Race 4800m 11.45am.
£6 entry, 1st, 2nd and 3rd place Medals

Medals & Trophies 12.45pm (Or on completion of the adult race in the playground)

Please bring your own sports bottles, there will be refillable water stations.



HAYLE 2KM RUN

WHAT IS IT?
Hayle 2km Timed Run for children aged 4 to 16 years old

HOW MUCH IS IT?
100% free – the event is made possible due to volunteers from your community

CAN I JOIN IN?
Set your time for 2km and come back another month to try & beat it or just have a fun run.
Whether you want to be a better runner, or netball, football or rugby player, improved cardiac fitness from running will help you big time – it's a scientific fact!

WHERE AND WHEN IS IT?
King George's Memorial Walk where it meets Black Road.
Held once a month – Saturday or Sunday 9am,
date announced on Facebook page, see below

Find out more on Facebook: facebook.com/groups/hayle2krun

Good luck to any children representing Perran-ar-Worthal this Saturday! Thank you to Guy Trebilcock for being our PAW representative!

Anyone wishing to be a part of the Perran-ar-Worthal Coose Trannack team, please collect a letter an information from the front office. Please enter by Monday at the latest, by returning your entry slip and bringing the £4 entry fee in an envelope labelled with your child's name and year. Thank you!