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**he Heffington Post**  
**5th February 2024**



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**VERY MOMENT MATTERS!**



**ANOTHER SUCCESSFUL FUNDRAISING EVENT!** What a great night was had by all at the Fancy Dress School Disco and Parent Pub! A huge thank you to all involved in making the event such a success. An amazing £424.12 was raised! Make sure you check out the FOPS newsletter for more information about the next meeting and the Fancy Dress Library! Below, enjoy just some of the many moments we managed to capture on camera on Friday evening.

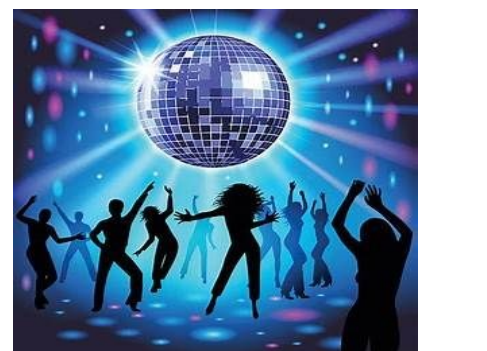
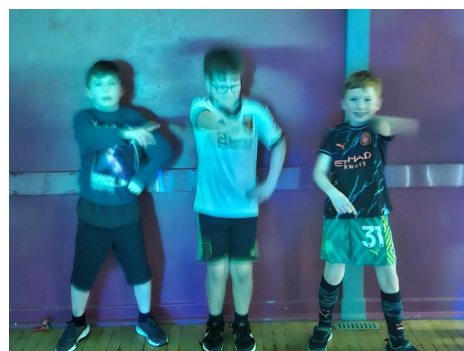
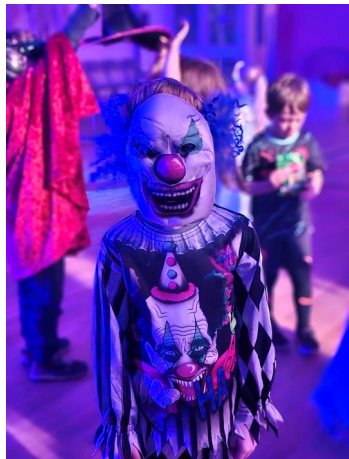
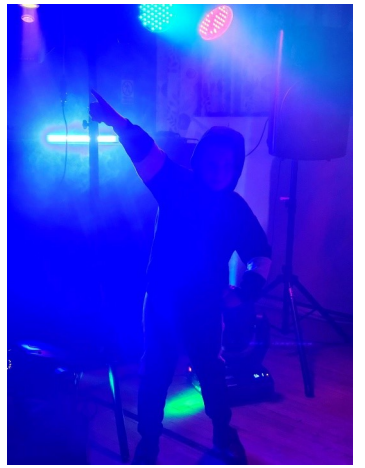






LET'S BOOGIE







**WHY I PAINT!** *A poem written by Saylor Jeffries Yr6*

People ask me why I paint sometimes  
I tell them because sometimes I like to escape  
Because I get tired of loud noise and being around people  
I like it because I can go wherever I want and feel free  
and my paintbrush is the only way to get there.

That's why I paint.

Why do you?

She said, because it's calm and peaceful and I can run away from my problems  
because I can be on my own and be with my cats and I can do girly times

I paint alone or with my mum.

Weekdays and weekends

to get to lakes

to get to woods

to get to quietness

to get to my cats

to get to cities like London

to get to places you can't get to in a car

to get to nowhere in particular

and all I need to have with me

is paint,

paintbrushes,

maybe a bag,

paper,

pencil,

maybe even pen,

a quiet space

and imagination

and I'm ready to go.

I paint to feel happy

I paint to feel alive

I paint to shake off the day

I paint to feel active

Why do you paint?

If you could, but you don't

why not?

## WHY I WRITE! *A poem written by Leo Picton yrs*

People ask me why I write sometimes.  
I tell them that I like to sometimes drift,  
because I'm tired of my reality and I want to make a new one.  
I like sitting in a beanbag or anywhere I like and letting the  
words flow out like music.

That's why I write.

Why do you?

He said, because I like to express myself, I don't like  
dancing or sport, so it's another  
way for me.

Because I like it when I get  
something good: like a rainbow in  
a storm.

Because a pencil lasts longer than  
energy, and an imagination lasts longer  
than anything.

She said, I write calm or quiet,  
or tense or loud.

I write because it takes me far  
away from thoughts or feelings, into the  
pages and into unreality.

I write just to feel  
free.

Away from sadness, and  
into a new world.

I'm not an author, just a child, who likes to  
write.

And all I need  
to have with me is  
a pencil in my hand,  
an empty book,  
a place comfortable in  
every way,  
and an imagination, which you  
can never forget,  
and I'm ready to go.

I write because it's freedom,  
because it lasts forever,  
because it takes me places,  
because it has no rules.

And I can just stop.  
Whenever, it doesn't matter.  
It doesn't cost money to leave  
like a dance club.

Why do you write?  
So, if you could, but you don't  
why not?







## **INDOOR ATHLETICS PENRYN COLLEGE 02/02/2024**

Fantastic event organised by Penryn College. 18 students from year 3 and 4 travelled down to Penryn College on Friday morning to participate in the Indoor Athletics competition. Each student took part in two track events and two field events. There were obstacle races, a variety of relay races chest push and javelin throwing competitions, long jumps and agility. The students represented themselves brilliantly, encouraging and motivating each other. Thank you so much to the parents who helped to transport students to the event and for staying to help – both for the morning and afternoon events. These events allow students to shine in a very different light... and shine they did. Perran-ar-Worthal came in a very close second place. The event continued for our year 5 and 6 students in the afternoon. Again, it was their motivation and support for each other that shone. Students jumped into races for another child if they were struggling. I was very proud to take these 35 amazing students down to Penryn College. Well done!







Thank you, to our special guest in Kingfishers.



Will from Biffa came in to talk to Kingfishers about reducing consumption, re-using materials and recycling as much as possible. This is part of the Year 5's current Pupil Voice project looking at how we as a school can improve how much and how consistently we recycle.



Students asked pertinent questions and listened very respectfully.



## TEAM POINT CERTIFICATE WINNERS 1<sup>st</sup> February 2024

### BRONZE CERTIFICATE – 50 TEAM POINTS

**Year 5: Isla**

### SILVER CERTIFICATE – 100 TEAM POINTS

**Reception: Joshua**

**Year 1: Sam, Nancy and Lettie**

**Year 2: Thomas and Brynley**

**Year 6: Connie, Esme and Indah**

### GOLD CERTIFICATE – 150 TEAM POINTS

**Reception: Jago, Aurora, Artie and Isabelle**

**Year 3: Lily**

**Year 6: Nuala**

### MEDAL – 200 TEAM POINTS

**Year 6: Lily-Rose**





## Diary Dates



**WB 5th February: Children's Mental Health week**

**Tuesday, 6th February: FOPS Meeting (all welcome)**

**Thursday, 8th February: Fancy Dress Library (in the shelter after school)**

**WB Monday, 12th February: HALF TERM WEEK**

**WB 26th February: Progress Review Meetings**

**Tuesday, 5th March: St Piran's Day**

**Wednesday, 6th March: Songfest at Truro Cathedral**

**Thursday, 7th March: World Book Day (Come dressed as your favourite book character)**

**WB 11th March: Cornwall Music Festival for those taking part**

**Tuesday, 26th March: Yr3, 4 and 5 Spring Play and KS2 Spring Concert at the Village Hall (more information about arrangements to be confirmed closer to the date).**

**WB 25th March: Autism Acceptance Week**

**Thursday, 28th March: Last day of term**

**Friday 29th March to Sunday, 14th April: EASTER BREAK**

*Please note that there may be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.*



# FOPS NEWS

FRIENDS OF PERRAN-AR-WORTHAL SCHOOL

## UPCOMING EVENTS

Tuesday 6th Feb @ 7.30pm  
FOPS Meeting for all at School

Thursday 8th Feb  
Fancy Dress donations for FOPS  
Please drop them in the shelter  
after school



We'd love to hear  
**ANY FEEDBACK**  
about our events - help us to  
make them the best! Please  
drop us your thoughts...  
[FOPS@perran-ar-worthal.  
cornwall.sch.uk](mailto:FOPS@perran-ar-worthal.cornwall.sch.uk)



THANK YOU TO EVERYONE WHO  
SUPPORTED AND VOLUNTEERED AT  
THE DISCO AND PARENT PUB! 😊





PLEASE SUPPORT US TO CREATE & GROW  
OUR COSTUME LIBRARY



# FANCY DRESS LIBRARY



DONATE  
RE-USE  
RAISE  
FUNDS!

THUR 8TH FEB - PLEASE BRING ALONG  
ANY UNWANTED FANCY DRESS ITEMS

You can then hire for a small donation to FOPS  
for events like world book day / discos etc!



Donations on Thur 8th Feb - The Shelter After School





## FEBRUARY HALF TERM HOLIDAY CAMPS

Come and take part in our EdVenture half term provision, offering children a fantastic opportunity to build friendships through team sports and outdoor adventures, and explore their creativity with themed group games and arts & crafts.

**TUE 13TH - THUR 15TH FEB**

**3 DAY SUPER CAMPS**  
**5-7 YEARS | 8+ YEARS**

**FEATURING A RANGE OF  
ACTIVITIES INCLUDING:**

**DODGEBALL, DEN BUILDING, GYM,  
PAPER PLANE WARS, ARTS & CRAFTS,  
DANCE OFF, FOOTBALL, GYMNASTICS,  
CAPTURE THE FLAG, BOARD GAMES,  
FILMS, TEAM CHALLENGES  
& LOTS MORE!**

**JUST £75 FOR 3 DAYS  
OR £30 A DAY**



**MON 12TH & FRI 16TH OCT**

**FULL/HALF DAY CAMPS:**  
**BASKETBALL**  
**FOOTBALL**  
**COMIC BOOKS**  
**AND MORE...**



**FOR MORE DETAILS ON THE COURSES & HOW TO BOOK:**

**WWW.MYEDVENTURE.CO.UK**  
**01326 372379**

POLITE REQUEST: We have been asked by a grandparent to remind parents to avoid parking in disabled spaces in the village hall unless they have a blue badge. Thank you.