

Lesson	Warm-up	Skill	Application	Review	Lesson	Warm-up	Skill		Application	Review	
(Baseline assessment)	Rock, Paper Scissors	(FUNS 10) – Challenges	Matching Pairs	Time Shares	(Baseline assessment)	Race Walking	On a L (FUNS Challer	<b>5) –</b> nges	Balance Circuit	Questions Carousel	
2	Rock, Paper Scissors	Coordination: Footwork (FUNS 10) – Challenges	Follow the Leader	Time Shares	2	Race Walking	Dynan On a L (FUNS Challer	5) –	Rock, Paper, Scissors (adapted)	Questions Carousel	
3	Rock, Paper Scissors	Coordination: Footwork (FUNS 10) – Challenges	Matching Pairs	Time Shares	3	Race Walking	Dynan On a Li (FUNS Challer	5) –	Balance Circuit	Questions Carousel	
4	Stuck in the Mud	Static Balance: One Leg (FUNS 1) – Challenges	Balloon Balance	Time Shares	4	Line Out	Static Stance (FUNS Challer	4) –	<b>Balance Transfer</b> (competitive)	Questions Carousel	
5	Stuck in the Mud	Static Balance: One Leg (FUNS 1) – Challenges	Mirror Image	Time Shares	5	Line Out	Static Stance (FUNS Challer	4) –	Develop Combinations	Questions Carousel	
6 (Revisit assessment)	Stuck in the Mud	Static Balance: One Leg (FUNS 1) – Challenges	Balloon Balance	Time Shares	6 (Revisit assessment)	Line Out	Static Stance (FUNS Challer	4) –	<b>Balance Transfer</b> (competitive)	Questions Carousel	
esson	Warm-up	Skill	Application	Review	Lesson	Warm-up	Skill		Application	Review	
aseline assessment)	Stepping Stones	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Challenges	Develop Combinations (competitive)	Taps for Congrats	(Baseline assessment)	Grand Prix	Coordi Ball Sk (FUNS Challer	9) –	Getting Around Us (cooperative)	Badge of Honour	
2	Stepping Stones	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Challenges	Develop Combinations (cooperative)	Taps for Congrats	2	Grand Prix	Coordi Ball Sk (FUNS Challer	9) –	All Routes	Badge of Honour	•
3	Stepping Stones	Dynamic Balance to Agility: Jumping and Landing (FUNS 6) – Challenges	Develop Combinations (competitive)	Taps for Congrats	3	Grand Prix	Coordi Ball Sk (FUNS Challer	9) –	Getting Around Us (competitive)	Badge of Honour	
4	Find & Select Shapes	Static Balance: Seated (FUNS 2) – Challenges	Mirror Image	Taps for Congrats	4	On the Mat			Rollerball	Badge of Honour	
		Static Balance:	Exchange Objects in 4s	Taps for Congrats	5	On the Mat		er Balance:   Partner  7) –	Lean Away	Badge of Honour	
5	Find & Select Shapes	Seated (FUNS 2) – Challenges	(cooperative)				Challer	nges			

Lesson	Warm-up	Skill	Application	Review	
(Baseline assessment)	<b>Ball Tricks</b>	Coordination: Sending and Receiving (FUNS 8) – Challenges	Collect Your Rebound	Gift Cards	<b>U</b>
2	<b>Ball Tricks</b>	Coordination: Sending and Receiving (FUNS 8) – Challenges	Juggle Challenge	Gift Cards	la:t
3	<b>Ball Tricks</b>	Coordination: Sending and Receiving (FUNS 8) – Challenges	Beat the Buzzer	Gift Cards	
4	Ball Handling	Agility: Reaction/Response (FUNS 12) – Challenges	Quick off the Mark	Gift Cards	
5	Ball Handling	Agility: Reaction/Response (FUNS 12) – Challenges	Copy Your Partner	Gift Cards	
<b>6</b> (Revisit assessment)	Ball Handling	Agility: Reaction/Response (FUNS 12) – Challenges	Cooperative Challenges	Gift Cards	
Lesson	Warm-up	Skill	Application	Review	
(Baseline assessment)	Scramble Madness	Agility: Ball Chasing (FUNS 11) – Challenges	Tunnels	Always, Sometimes, Rarely	t 0
2	Scramble Madness	Agility: Ball Chasing (FUNS 11) – Challenges	Develop Combinations	Always, Sometimes, Rarely	<b>J</b> nit
3	Scramble Madness	Agility: Ball Chasing (FUNS 11) – Challenges	Tunnels	Always, Sometimes, Rarely	
4	The Hairy, Scary Woods	Static Balance: Floor Work (FUNS 3) – Challenges	Front Curling	Always, Sometimes, Rarely	
	The Hairy,	Static Balance: Floor Work	Reverse Formation	Always, Sometimes,	

Static Balance:

Floor Work

(FUNS 3) -

Challenges

Scary

Woods

(Revisit assessment) The Hairy,

**Front Curling** 

Always, Sometimes, Rarely