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he Heffington Post
23rd October 2023



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VERY MOMENT MATTERS!

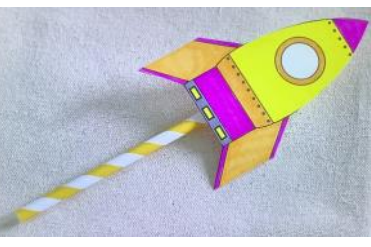
THANK YOU
for donating

HARVEST FESTIVAL 2023! What a great turn out at our Harvest Festival this year. From songs to poetry, dances to bell ringing—a great time was had by all. Thank you to St Piran's Church Bell Ringers for opening our Festival and to Reverend Karen for closing the event. The Food Bank in Penryn are incredibly grateful for all your kind and generous donations.





During Space Week our Yr6 pupils designed and delivered science investigations to each class. Every lesson was well structured and delivered with confidence. The children really enjoyed learning more about space from the older pupils. What a great way to cascade learning! Mrs Royle was very proud of all her mini science teachers who clearly enjoyed taking on the role of class teacher for the day. Well done to all our amazing Yr6 scientists. Mrs Royle thinks the grown-ups may all be out of a job!





Thank you to our Swifts for sharing their learning with the younger children. We clearly have future teachers in the making!



TEAM POINT CERTIFICATE WINNERS 18th October 2023

BRONZE CERTIFICATE – 50 TEAM POINTS

Reception: Rafe, Ivy, Bertie, Seb, Hugo, Arthur.C, Jack.H, Margot, Aurora, Emelia, Tiber, Isabelle, Artie, Hugh, Noah, Emily and Renn

Year 1: Agnes and Isla

Year 2: Elodie, Lucas, Sophie, Micky, Brynley and Henry

Year 3: Lily, Ned, Niamh, Flynn and Lenny

Year 4: Aaradhya

Year 5: Blakely and Fearne

SILVER CERTIFICATE – 100 TEAM POINTS

Year 3: Genevieve



RANDOM ACTS OF KINDNESS (RAK)!

This half term, we have had two nominations put forward by our staff. Miss Deakin would like to thank **Casper Fitch-Roy** for opening the door for her when she was carrying a tray of plates. Mrs Arthur and Mrs Nelson would like to thank **Jovie Tidman** who saw one of the Puffins upset in the playground and chose to go over to find out what was wrong and then made them feel better. A great demonstration of our Diamond Rules as well as a Random Act of Kindness.

Thank you to Casper and Jovie for being Kindness Ninjas! We are looking forward to sharing more nominations after half term. If you have a RAK Nomination you would like to share, then please email and let us know. We are always delighted to celebrate children who choose to help others.



Well done to Mr Teasdale! Last week, Mr T presented at the Cornwall Association of Primary Heads (CAPH) conference, along with Jess Fenton from Kennall Vale school. The presentation was an opportunity to share their work on the Creativity Collaborative Research Project lead by Sarah Childs, Lead Practitioner at Penryn College. Bill Lucas is part of the team working with ACE on the Creativity Collaborative programme. He is a researcher, writer and educational thought-leader. He is Professor of Learning and Director of the Centre for Real-World. His model of creativity is now in use in more than 30 countries across the world. Bill is co-chair of the

new PISA 2022 Test of Creative Thinking, a co-author of the recent Durham Commission Report on Creativity and Education, and chair of the Global Institute of Creative Thinking advisory board. In 2021 Bill co-founded the ReThinking Assessment movement in England which is challenging countries to review the way they examine pupils in the UK and internationally. It was a real pleasure to hear from Bill at this conference and a great opportunity for these two talented teachers to be part of this event and share their own research outcomes as part of the Creativity Collaborative Project that all schools within the Penryn Cluster are part of. Please click on the link below if you would like to learn more about this research work:

[Creativity Collaboratives - Inspiring Teaching and Learning - Penryn College \(penryn-college.cornwall.sch.uk\)](https://penryn-college.cornwall.sch.uk)

**PLEASE
NOTE...**

ARRIVING AT SCHOOL ON TIME: Please could we ask that parents do not arrive at school at the end of the day too early as PE lessons are taking place on the playground and parents walking through the playground can be very distracting for our pupils during their lesson. We have also found the need to stop a game when an adult walks through the playground.

HEALTH AND SAFETY: We would like to ask for the support of parents/carers to not allow their children to use the trim trail and school equipment outside of school time as this is not supervised at this time. The school cannot take responsibility for any children playing with school equipment outside of school time. Thank you.

SEE YOU ALL AGAIN VERY SOON!

We look forward to seeing you all back with us on Monday, 30th October. We wish you all a restful half term break.

Sport Update Autumn Term 1 2023



Perran-ar-Worthal netball squad proved to be a force to be reckoned with. The team worked brilliantly together, show amazing skills on court and encouraged each other throughout. Thank you so much to Miss Billingham, Mrs Lord and Mrs Ashton for training the team each Tuesday after school.

The Perran-ar-Worthal football team showed increasing confidence in their skills over the course of the event. Students were challenged to play in a variety of positions and every player rose to the challenge. Every player demonstrated incredible perseverance and resilience.

The team - looking incredible in our new football kit – designed by a previous Swift student.



Our girl's football training sessions have been a lot of fun – working on skills and invasion games. Thank you all for your energy and resilience we have played in some challenging weather! Sessions will continue week 2 of Autumn term 2. 2023.

PE celebrations and PE curriculum.

Perran-ar-Worthal uses the Real PE programme which teaches PE skills within the six areas of Physical Literacy.

These are taught alongside a gradual progression of those skills required for traditional sports such as chest pass in netball, passing and trapping in hockey, dodging in touch rugby, dribbling and shooting in basketball and dribbling, passing and shooting in football to name a few. Our school works closely with Penryn College to ensure students have the opportunity to compete in sporting competitions and a variety of multi-skills challenges over the year.

Thank you all for your continued support with sport at Perran-ar-Worthal.



Some of your children might have come home recently with one of these celebration slips. Each term in PE, we focus on attributes that not only make you a better sportsperson but a better human. In our PE classes, we discuss what the attributes mean and how they apply to sport and to life.

Fruits & Veggies to Pack in Lunchboxes



1 small apple



1 medium banana



¼ cup dried fruit



1 cup grapes



1 mandarin



1 cup no-sugar-added applesauce



1 cup 100% fruit juice



1 cup berries



1 cup lettuce or spinach



1 cup carrots



1 cup cucumbers



1 cup cherry tomatoes



1 small kiwi



1 fruit cup, packed in juice



1 cup melon



1 cup sugar snap peas



1 cup celery



1 cup mini sweet peppers



2 Tbsp. guacamole



5 olives



Name: _____

Date: _____

Empathy and respect

Motivating others and yourself

Communication skills and active listening

Integrity – honesty and perseverance

Collaboration with your team

Being a good sportsperson

It is wonderful when students share the healthy contents of their lunchboxes with staff. Many students are remembering lessons we did in the spring term about the importance of fruits and vegetables every day and swapping out one less healthy snack food for a healthier alternative.



WB 23rd October: HALF TERM WEEK

Friday, 3rd November: Halloween Disco at the Village Hall—KS1 6pm to 7pm; KS2 7.15pm to 8.15pm; £3.50 entry.

WB 6th November: Parental Consultations

WB 6th November: Remembrance week

WB 13th November: Anti-Bullying Week

Friday, 17th November: Children in Need Day

WB 27th November: Whole School lantern making workshops

Friday, 1st December: Tree Decorating Service outdoors (weather permitting) 1.30pm to 2pm KS1 at 2.15pm and KS2 at 2.45pm

Friday, 8th December: Festive Film Night at the school

Wednesday, 13th December: Xmas Dinner—Wear your favourite Christmas Jumper or Christmas outfit on this day

Thursday, 14th December: Christmas Nativity/Christmas Concert/Christmas Market at the Village Hall. More information about arrangements to be confirmed closer to the date.

Tuesday, 19th December: Last day of term – Christmas Party Day (Wear your favourite Christmas Outfit)

Wednesday, 20th December to Tuesday, 2nd January: CHRISTMAS BREAK

Please note that there will be further dates added as the year progresses. If any dates need changing due to unforeseen circumstances, then we will give you as much notice as possible. We will keep you informed of any changes and additions on our weekly newsletter and via dojo.